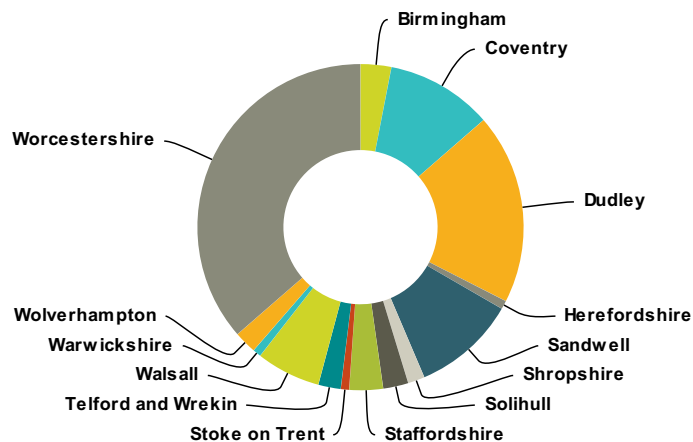


# Training for carers - west midlands

## Q1 Local Authority

Answered: 360 Skipped: 0



Answer Choices	Responses	
Birmingham	3.06%	11
Coventry	10.56%	38
Dudley	18.89%	68
Herefordshire	0.83%	3
Sandwell	10.28%	37
Shropshire	1.67%	6
Solihull	2.50%	9
Staffordshire	3.33%	12
Stoke on Trent	0.83%	3
Telford and Wrekin	2.22%	8
Walsall	6.39%	23
Warwickshire	0.83%	3
Wolverhampton	2.22%	8
Worcestershire	36.39%	131
<b>Total</b>		<b>360</b>

# Training for carers - west midlands

## Q2 What topics have you had training on?

Answered: 328 Skipped: 32

Answer Choices	Responses
Carers rights	12.50% 41
Understanding health and social care services	8.84% 29
Coping with caring	15.55% 51
Looking after your own health and wellbeing	21.04% 69
Relaxation / Managing Stress	16.16% 53
Dementia Awareness	21.34% 70
Autism Awareness	10.06% 33
Mental Health Awareness	18.90% 62
Other awareness course ( please specify below)	4.27% 14
Moving and Handling	17.38% 57
Medicines/ treatments/pain management	4.57% 15
Diet and Nutrition	10.37% 34
Continence Care	3.05% 10
Other home nursing ( ie preventing pressure sores)	2.74% 9
Managing difficult or unpredictable behaviour	9.76% 32
Managing Finances	9.76% 32
Benefits/Pensions	12.80% 42
Safeguarding vulnerable people	15.24% 50
Carer Aware ( online)	7.01% 23
Young Carer Aware ( online)	1.83% 6
Other ( please specify below)	3.35% 11
None	42.99% 141
<b>Total Respondents: 328</b>	

#	Additional information about the training you have done	Date
1	Don't know about any training that is available as there is a lack of information on training courses	7/15/2014 2:19 PM
2	Wills and Power of Attourney.	6/18/2014 3:14 AM
3	Moving and Handling Course completed in the late 90's	6/18/2014 2:56 AM
4	Computer Basic.	6/18/2014 2:46 AM
5	Mostly done at CARES (Smethwick)	6/18/2014 2:37 AM
6	Aromatherapy.	6/18/2014 2:26 AM
7	I wasn't aware of the Training.	6/18/2014 2:13 AM
8	Befriended Course. Employed Ability Course. Health and Social Care Course.	6/18/2014 1:53 AM
9	Beauty Course, Aromatherapy Course.	6/16/2014 3:25 AM
10	I work for Social Services with Adults with a Learning Disability and, although I have gained years of detailed knowledge in this particular field it does not mean that I automatically know a lot about Dementia and how to provide care and support to someone at home whilst also supporting their partner who is also elderly and frail. I do, of course, have transferrable skills and I am able to negotiate my way around the system of care and support. My husband commented that without my knowledge he would have struggled with obtaining the correct care and support at the correct time.	6/16/2014 2:39 AM
11	I have attended various Courses at Alzheimers Society and Edward Street Hospital with weekly topics on all subjects that I have indicated above.	6/4/2014 4:51 AM
12	Only Training was the 'Looking after Me' Course which covered some of the topics since being a Carer. The 6 week Course was excellent and I would have recommended. Offer Training via my job role and qualifications eg: Mental Health Awareness. (?)	6/4/2014 3:53 AM
13	N/A	6/4/2014 3:32 AM
14	Me Myself and I	6/4/2014 3:18 AM

## Training for carers - west midlands

15	Training has not been discussed, although I have had the opportunity to learn more about dementia as I have a diagnosis of Alzheimer's as I have got involved in the dementia strategy development. This has helped me understand dementia in relation to my dad's needs who also has dementia.	5/29/2014 5:42 AM
16	NHS Expert Patient Programme, Coventry August 2008	5/29/2014 4:17 AM
17	assessment	5/23/2014 9:59 AM
18	My training "North Birmingham Carers Support Programme" was provided by Birmingham & Solihull Mental Health NHS Foundation, 8 weeks commencing 19 April 2013, ref Sally Rylance 0121 301 0950, Tracy Muzondo 0121 301 0944, Kathy Walters 685 7310.	5/22/2014 10:09 AM
19	None	5/20/2014 9:01 AM
20	Dying matters	5/19/2014 5:58 AM
21	I haven't participated in any official training I have professional experience in the caring system and have transferred my skills into caring for my son of 31 years	5/18/2014 1:35 PM
22	I attended a Course run by Approach at Newcastle Fire Station, it was spread over three weeks and was very informative, when the course was finished my husband and I came away with a greater understanding to prepare for the future as carers, Thank you to Approach.	5/13/2014 2:09 AM
23	I have taken the Expert Patient Program which helped me a lot. My husband cares for me. We both have health issues, although mine have gotten worse. When he needs help, I have informed him that he can do a Carer's Course with EPP.	5/11/2014 6:19 AM
24	The experience that I have, was gained by looking after my elderly parents. Who firstly were totally uneducated and secondly were very frail. I am married and I look after my disabled wife. She cannot walk for more than 10 minutes before having to sit down and have a rest. I run the bath for her and when she's had few minutes in the bath, I then wash her all over. I also help her get dressed and get her shoes on her.	5/8/2014 6:31 AM
25	did btec in caring when i was 16	4/29/2014 1:42 PM
26	never ever had any training offered to me I had a mom to care for who was physically disabled for years who has now passed away I have chronic pain and suspected fibromyalgia myself and I also have a son with autism who is 26 never even had a social worker for our son. had to find out everything ourselves along the way Staffordshire has been dreadful for supporting families with adults on the spectrum. I know many people who have been very let down in everyway by the system from correct dx to behaviour management to respite etc etc etc	4/29/2014 7:45 AM
27	I have worked as a carer with the elderly and dementia for the council for 14 yrs so have done various courses	4/29/2014 2:05 AM
28	Carer working in social care profession so some of the above are mandatory training as a professional	4/28/2014 7:22 AM
29	Specific Training for condition e.g. Parkinsons, Stroke Awareness Aspergers Mostly arranged via Carers Support Service Shropshire RCC	4/25/2014 5:42 AM
30	I have completed the above training through past and current employment but never as a Carer.	4/19/2014 11:31 AM
31	First Aid	4/18/2014 11:52 AM
32	The training was provided through my work	4/14/2014 8:56 AM
33	The following are subjects that I would like input from but have never been offered them, and I am not aware of their availability. Carers Rights, Understanding health and social care services, coping with caring, Looking after your own health and wellbeing, Relaxation/Managing Stress, Managing difficult or unpredictable behaviour, Carers Aware.	4/14/2014 5:22 AM
34	Received counselling via Dudley Mental Health Trust at a very difficult time when as a family we were finding it difficult dealing with my father's dementia and at the same time my father in law died whilst my mother in law was in hospital at the same time having an op. for cancer. The counselling really helped me deal with the many and varied emotions and practical matters I was dealing with. My Counsellor then suggested I attend an 8 week Mindfulness Course which I have recently completed. This was excellent too. It has given me more tools to use in every day life forever not only to help ease the burdens of caring for our elderly family but in many situations where we need to take stock and think clearly about how to respond/deal with a difficult situation. I attended the Dementia Friends event run by the Alzheimers Society some time which I found very informative. I have attended the Vamos Theatre Finding Joy production which whilst very poignant was also enjoyable. I find the newsletters provided by the Dudley Carers Forum, Alzheimer's Society and Dementia Friends very interesting and useful. I have recommended all of these things to friends who I know are also going through difficulties or have similar circumstances to ours. I have also attended several free events for carers which are invaluable in getting some me time. Sometimes these may have been to learn a new skill or others just to have some relaxing pamper time.	4/14/2014 4:13 AM
35	Not done any yet but I am very interested in doing some of this I can't remember doing anything	4/11/2014 5:16 AM
36	Completed at University.	4/11/2014 4:27 AM
37	Mental Health First Aid - great 2 days Caring with confidence - online training doesn't work !!!!	4/9/2014 5:22 AM
38	Part of the Expert Patient Program - Looking After Me	4/8/2014 4:33 AM
39	None of these as not advertised well or easy to take part in for people who work	4/7/2014 1:10 AM
40	didn't know there was training available.	4/5/2014 3:46 AM
41	I am a qualified social worker	4/4/2014 7:05 AM
42	I have been lucky enough as part of my own profession working with vulnerable adults to have had the opportunity to cover a wide range of topics, most recently through the Extend tutor training programme.	4/4/2014 6:03 AM
43	We found it helpful after Susan had arranged for pictures to be sent as we don't read too well.	4/4/2014 6:02 AM
44	It was quite "official" and didn't feel comfortable.	4/4/2014 5:56 AM
45	Caring and Coping, Healthy Eating, Caring and Me, Complaining with Confidence, Various Awareness Courses and Omega Courses including Caring with Courses. Making the most of your money, Christians against poverty (CAP)	4/4/2014 5:17 AM
46	I am a qualified nurse so am aware/trained in many of these issues, also I have not seen any courses/study days advertised.	4/4/2014 4:25 AM

## Training for carers - west midlands

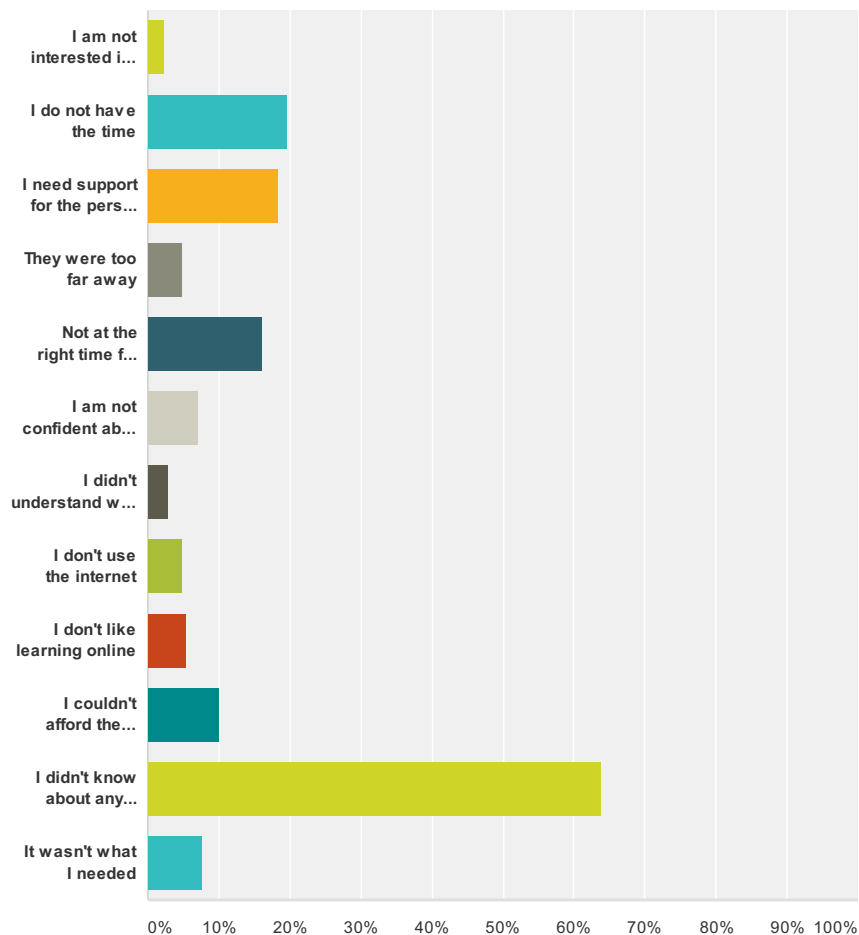
47	I am an ordained clergyperson, so my training has been undertaken as part of training and formation in theological college (Queen's Foundation, Birmingham, and the Diocese of Worcester) and post-ordination CMD offered by the Diocese. I am also the Safeguarding Co-ordinator for the parish I serve.	4/4/2014 3:20 AM
48	Health and Safety in the work place and Lantra Awards Traffic Management 12a 12b i did these courses when i was employed and no they have ran out so i need to re do the courses so i can gain employment should my caring role finish	4/2/2014 11:23 AM
49	Care for disability children and adult	4/1/2014 12:50 PM
50	All training I have attended has been as a result of working in social care myself, not in my role as a carer.	4/1/2014 7:54 AM
51	Domestic Abuse	3/31/2014 8:29 AM
52	First aid	3/30/2014 6:09 AM
53	I have done the training which was "on the doorstep" and which was immediately relevant. (All proved very useful and pertinent). Looking down the list I realise that I am going to need more of these modules in the not-too-distant future, and that I will only be able to attend those that are geographically easy to access. The more testing the situation gets, the more difficult it is to step out of it to get the training, partly because one is worn down mentally and physically and therefore can't see the way through. Catch 22!	3/27/2014 3:23 PM
54	I am a full time student at Coventry University in my third year of the BSc Hons degree in Occupational Therapy.	3/27/2014 2:16 PM
55	mood masters course	3/27/2014 12:26 PM
56	Never offered any training -now been a carer for 11 years,	3/27/2014 5:44 AM
57	I have also done a red cross course on resuscitation	3/27/2014 2:38 AM
58	just learn't as both my wife and I went along	3/26/2014 2:33 PM
59	I've done many yoga and pilates classes and I am a qualified Science teacher	3/26/2014 8:55 AM
60	All Caring with Confidence courses, except dementia.	3/26/2014 8:18 AM
61	Mental health first aid course	3/26/2014 5:29 AM
62	Other awareness course: Mental Capacity Act	3/26/2014 5:09 AM
63	I was not aware that there was any training available	3/26/2014 4:54 AM
64	all training done through cool 2 care(stopped existing in worc june 13)	3/25/2014 2:05 AM
65	Caring with Confidence course - Wyre Forest	3/25/2014 12:54 AM
66	Computer basics	3/24/2014 9:47 AM
67	I was unable to go to all the sessions but the ones I did attend were very informative, but for me it was meeting other people who are carers and being able to talk to them about issues that arise as a carer. The team were great who took the sessions	3/24/2014 3:14 AM
68	listening and Counselling	3/23/2014 9:43 AM
69	I'm a qualified beauty therapist who specialises in massages which I use in my caring role.	3/22/2014 1:59 PM
70	The course included information about DLA and the new PIP. It's the only course I have been able to attend.	3/22/2014 10:56 AM
71	Anger management ( for extreme anger, not just challenging behaviours) A lot of the above I have covered as I am an RGN but would like opportunity to redo several topic from carers prospective	3/22/2014 12:32 AM
72	I have a number of other courses to attend over the next few weeks.	3/21/2014 12:46 PM
73	I have done the Caring with Confidence courses	3/21/2014 10:05 AM
74	caring with confidence	3/21/2014 5:24 AM
75	I have attended a preparation for PIP's course.i.e. how to fill out the new forms required in order not to lose much needed funding. There was much dread and fear in the room.Figures were given. It did not escape our attention that PIP's is intended to weed out the malingerers amongst us. These seemed to consist of less than a fraction of 1% and yet we were told it is still necessary to "find" through PIPs a much larger total of unworthy/unsubstantiated claimants. This obvious paradox caused much distress. It seems ironic for a government funded carers association to be used to alleviate the distress caused by government policy. Some of us felt that the carers association was not therefore really working on our behalf.	3/21/2014 5:00 AM
76	Moving with confidence	3/20/2014 1:05 PM
77	I was not aware that there was this many training courses available Could some of the courses run in the evenings	3/20/2014 12:06 PM
78	Excellent and very thorough, i would welcome much more of the same.	3/20/2014 11:52 AM
79	I have previously undertaken First Aid Training, including CPR, but the certificate has now expired. I have also recently attended a Dementia Awareness session run by Kidderminster Early Intervention team.	3/20/2014 10:57 AM
80	ESA and PIP training.	3/20/2014 10:40 AM
81	Carer first aid but need refresher trg.	3/20/2014 10:10 AM
82	I have done this Training with my place of work. Whilst I have not undertaken formal training as above; I would like it noted that issues such as Carers Right and Coping with Caring etc have been addressed within attending the Carers Support group previously, and via 1-1 discussion with the then Carer Manager June; which was very much appreciated.	3/17/2014 3:52 AM
83	was not aware that these courses were on offer.	3/17/2014 1:23 AM
84	Hi Team I was not even aware there was learning for me. Even if I did I would be unable to leave my Wife however you have mentoned something about ONLINE tuition interesting.	3/13/2014 8:30 AM
85	the Alzheimers Society CrIPS1	3/13/2014 8:29 AM
86	Non offered hence non attended	3/13/2014 6:45 AM
87	Carers training with the Alzheimer's Sociey and Wellbeing course with the Civil Service	3/12/2014 2:03 PM

## Training for carers - west midlands

88	The course was helpful and much appreciated.	3/12/2014 1:45 PM
89	Unfortunatley everything that is available tends to for people who do not work. I have been registered with the carers centre for years and have never been able to access anything because I work	3/11/2014 12:57 PM
90	All the above I did some years ago (5) when I worked in the care sector. Had I not had this training I would be struggling to care for my Mother who has Dementia and still lives in her own home.	3/11/2014 10:58 AM
91	two courses run by the Coventry Alzheimer's Society. One Crossroads Course run by Paul Noicholls. A Self Management Course run by Claire Boume at Coventry University called Living With Dementia and run by Dr. Julie Heaton. I attend the Alzheimer's Resource Café monthly with speakers explain some of the issues mentioned above. My wife has attended the DAPA Course run by the Warwick University Medical School on behalf of the NHS.	3/11/2014 9:59 AM
92	Mental Health First Aid Moodmaster	3/9/2014 2:28 PM
93	Evening course run by Approach staffordshire also one by Star training on internet. I wish I had known and taken these courses earlier. I would then have understood more about mt wife's illness. I have coped much better since.	3/7/2014 6:26 AM
94	mental health first aid taken at evesham was amazing, not only in helping the person i care for but myself and friends and family. they even set up an extra day to deal with our own care and related issues. Red cross first aid emergency training in bromsgrove. again i left feeling able.	3/5/2014 12:29 PM
95	Attended CBT for anxiety management, intro to TA, advanced TA - all very good and of some help. Attended autism awareness - of limited use. Attended mental health awareness - of limited use.	3/4/2014 8:49 AM
96	Having worked for Social services ( Support worker for Adults with learning difficulties ) most of these courses were compulsory, i know work for the housing department	2/28/2014 3:09 AM
97	All courses completed with my employer Coventry City Council	2/28/2014 1:29 AM
98	attended a course at occupational health but was the only candidate to turn up so had a one to one with a counsellor there which was promoted through coventry city council intranet	2/27/2014 3:30 AM
99	I did a course at Penn Hospital which was very informative with regard to understanding dementia and how people with the condition can react to situations and how to see things from their point of view. I started a course about coping with care run by Omega but it was discontinued due to lack of support so I don't feel I gained a lot. I attend Carer Aware sessions whenever I can and talk to people, also the Carer coffee sessions run by Omega are helpful.	2/19/2014 11:38 AM
100	Have attended courses provided by Rethink, courses provided at work and also online training provided by the DMBC website.	2/17/2014 12:11 PM
101	Stroke awareness Dyspraxia parent/professionals workshop organised by Dyspraxia Foundation Mencap - Wills and Trusts hft - moving from DLA to PIP	2/14/2014 4:01 AM
102	Caring for carers course via the Lyndon Clinic which covered man of the topics listed above. I also attended the Mental Health First Aid course which teaches skills for providing initial help to people experiencing mental health problems such as depression, anxiety disorders and psychosis. I have also done some on-line training but cannot remember specifics. I have attended a managing stress course via my employer and also undertaken my employers e-learning packaging is managing stress.	2/13/2014 10:41 AM
103	Mental Health First Aid - 5 & 12 Feb 2014	2/13/2014 5:40 AM
104	Coping with Caring, Carers Rights and other topics were included with the excellent Caring with Confidence Courses; I also greatly benefited from attending the morning on Dementia, which was added to a CwC course. I attended the Finance Course put on by Carers Assoc. Worc. (I think) I had Moving and Handling Training with a group but later took up the offer of training at home with my husband, whom I care for. both were effective but the latter was absolutely what I needed, as it was tailored to my husband's needs, my capabilities and the equipment we use. I was glad to see Incontinence included, as we attended a Workshop Day, organised by the MS Society, and the Continence Nurses led a very open and detailed presentation and Q and A session. This helped you understand WHY certain things were happening. The Continence Nurse's visit could also be considered to have an element of training. I believe the Managing Behaviour courses will help prevent mistreatment/ abuse of cared for people as this is one of the most demanding areas.	2/12/2014 3:55 AM
105	Managing Stress daycourse by Scope Face2face	2/10/2014 12:40 PM
106	lots of training with Omega, I still go to IT sessions	2/7/2014 4:25 AM
107	Have done several Social Care courses. Have done Health Science degree so covered topics above via modules.	2/4/2014 7:26 AM
108	Have done these but not with Wolverhampton, but Staffordshire council (dementia) and Walsall council Mental health awareness	2/2/2014 2:59 AM
109	Mandatory Training Course I went on when I worked for the Mental Health Charity Rethink	1/31/2014 3:02 PM
110	I am a commissioner at Sandwell Council and all the courses (except Carer Aware) have been completed as part of my career.	1/29/2014 3:37 AM

Q3 If you ticked none , can you tell us why? Please tick all that apply

Answered: 169 Skipped: 191



Answer Choices	Responses
I am not interested in any courses	2.37% 4
I do not have the time	19.53% 33
I need support for the person I care for	18.34% 31
They were too far away	4.73% 8
Not at the right time for me	15.98% 27
I am not confident about joining in	7.10% 12
I didn't understand what they were about	2.96% 5
I don't use the internet	4.73% 8
I don't like learning online	5.33% 9
I couldn't afford the cost/travel	10.06% 17
I didn't know about any training	63.91% 108
It wasn't what I needed	7.69% 13
<b>Total Respondents: 169</b>	

#	Please give us any further information about your answers which you think will be useful	Date
1	Many of the courses attended have been through CARES.	6/18/2014 2:26 AM
2	Not aware.	6/18/2014 2:13 AM
3	I wasn't aware these Courses were available but i am interested in learning. On-line would be a good option.	6/18/2014 1:27 AM

## Training for carers - west midlands

4	My husband accessed Age UK on line to find out most of the information that he needed to know about the process of arranging care for his Mother and Father.	6/16/2014 2:39 AM
5	I have done some Training but it was in 1992 - During my time as a Home Care Assistant for Birmingham Council 1992 to 1998. Retired due to ill health.	6/4/2014 4:07 AM
6	Did need support, proved difficult.	6/4/2014 3:18 AM
7	I have not been offered any help at all.	6/4/2014 3:10 AM
8	until recently I have been in full time employment and time was an issue	5/18/2014 1:35 PM
9	Not aware of courses availability	5/11/2014 6:19 AM
10	The support should be in the form of proper medical care as our doctors and not really interested in giving all that. They are forcing her to loose weight and she's doing her best bearing in mind that she suffer from thyroid glands, which actually is the cause of her weight. Most of the times one doctor will increase the dosage for the thyroid and then at the next visit to the doctors, another doctor will decrease the dosage. Which then affects her weight.	5/8/2014 6:31 AM
11	Didn't know there was any training available	4/29/2014 1:42 PM
12	never been offered anything. but now my health is not good I can't travel and sit at training sessions etc. and probably after 26 years of bringing up an autistic son I could tell the so called professionals more than they can tell me	4/29/2014 7:45 AM
13	I was not offered any courses relative to supporting me when dealing with my stress/pressure in caring for my partner of 25 years. When his anxiety levels are elevated or his clinical depression is extreme, one idea would be "who cares for the carer"	4/14/2014 5:22 AM
14	Never asked	4/11/2014 7:35 AM
15	Dnt remember if I done any to be honest	4/11/2014 5:16 AM
16	I wasnot offered any training at the time that my husband became ill and was not aware that any training was available.	4/7/2014 2:07 PM
17	I was never offered any training and didn't know such courses existed. Had I received such training it would have been of considerable help.	4/6/2014 4:51 AM
18	I do not directly care for someone today, but make daily visits to an elderly (87) relative. So far, all is well.....	4/4/2014 9:48 AM
19	I can read or write.	4/4/2014 6:06 AM
20	I wouls need someone to sit with my Wife if i attended any training.	4/4/2014 5:48 AM
21	I work full time, unsociable hours.	4/4/2014 5:35 AM
22	I enjoy attending Omega Courses.	4/4/2014 5:17 AM
23	No idea Training of any kind was available!	4/4/2014 5:16 AM
24	See above , I am a qualified nurse, albeit now retired.	4/4/2014 4:25 AM
25	Online training would be fantastic all training in the Evesham Pershore area are usually on a Wednesday which conflicts with the Alzheimer's cafes	4/4/2014 2:50 AM
26	The course was cancelled without informing me but I understand I will be told when the next courses are being booked.	4/3/2014 10:18 AM
27	wasn't aware of this training	4/2/2014 6:08 AM
28	I work full time Monday to Friday, care for my husband and two teenagers in the evenings, spending weekends caring for my two elderly parents in addition to my husband and children.	4/1/2014 7:54 AM
29	I. Have only. recently registered as a carer . not aware of online training.	3/28/2014 4:19 PM
30	plus when I 1st became a carer there wasn't any. I have learnt a lot from Help the Aged & Alzheimer's. Soc web sites, & helplines, plus more recently the RRA, & taking to friends, colleagues & agencies. In some cases I knew more than staff e.g. that people with severe dementia do not have to pay council tax. I found out by chance, even though a social worker & mental nurse were involved at the time. It is a bit disappointing when you realise that people who you expect to be able to guide you do not have all the facts themselves & makes you wonder if the accuracy of other information is correct.	3/27/2014 5:44 AM
31	my son is now 38 could have had help when he was a lot younger.	3/26/2014 2:33 PM
32	Have worked for social services supporting carers in past	3/26/2014 10:34 AM
33	Child care and transport help	3/26/2014 9:56 AM
34	no evening courses	3/26/2014 7:15 AM
35	I am aware of the courses in my professional role, but feel uncomfortable about declaring that I am a carer. My daughter has mental health issues, not physical, so I feel like I am not a 'proper' carer, and will not fit in.	3/26/2014 6:48 AM
36	I'm new to caring so still getting my time to fit around caring sorted perhaps training on time management is a thought	3/25/2014 4:28 PM
37	Why do I need Training! She is the one who is ill why is the health service not looking after her! I just have to cope with her increasing demands on my life and wellbeing!!!!	3/24/2014 1:38 PM
38	no one has mention training to me at all	3/24/2014 10:29 AM
39	no one has mention training to me at all	3/24/2014 10:29 AM
40	Was advised about the courses but have lost the information. Have received a flyer but all the dates have passes	3/24/2014 7:13 AM
41	I'd like more course run in the Malvern area. It is inconvenient to get to the other side of Worcester for courses.	3/22/2014 10:56 AM
42	Officially my father is the carer of my mother, unfortunately I cannot persuade either of them that they are entitled to help; have different rights; might be able to get financial assistance.	3/22/2014 9:26 AM
43	Not offered any !	3/22/2014 9:11 AM
44	I recieved support from admiral nurse, menatal health Team and Alzhiemers society which was of more benefit to me.	3/21/2014 5:59 AM

## Training for carers - west midlands

45	I have always found it hard to join in groups, and somehow managed on my own. It's only been since my son has got older that I found I needed more help	3/20/2014 5:46 PM
46	dates were not suitable for me due to i take my husband to visit family in usa every three months ( he has had a stroke the warmer climate suits him better	3/20/2014 12:57 PM
47	There is no online training available in Worcestershire - is there?	3/20/2014 12:20 PM
48	I plan to attend as many courses as possible relating to caring, subject to availability and location.	3/20/2014 10:57 AM
49	i work full time and its difficult to get to meetings, but i would like to	3/20/2014 10:10 AM
50	Until fairly recently I had no information regarding any courses as social worker said they had no details/knowledge of any.	3/20/2014 10:10 AM
51	It would be very useful to have training/awareness re..Matters in relation to financial support, available charites etc. My daughter who lives with Bipolar aged 25 moved out of the family several months ago. I often end up paying a lot of money towards her rent & bills etc. With this it does concern me how people manage who are not able to have this support from carers,	3/17/2014 3:52 AM
52	I'am unable to access the internet	3/17/2014 1:23 AM
53	The wefare I get is wonderful in as much as there is I know there is a world outside but it would be impossible to give the help I need	3/13/2014 8:30 AM
54	Although I am a carer for my father and daughter I have not officially registered myself as such and therefore do not have access to information regarding training courses etc. I also work part-time and would find it difficult to find the time.	3/13/2014 7:34 AM
55	The courses need to be at times / days that are possible for me to attend. I am working 3 days a week, so I cannot attend when I am at work.	3/12/2014 1:45 PM
56	I DID NOT KNOW ABOUT ANY TRAINING COURSES BECAUSE I AM LEFT TO CARE FOR MY MUM ON MY OWN, I GET NO HELP WHAT SO EVER.	3/12/2014 1:27 AM
57	I work. I knew nothing about online training.	3/11/2014 12:57 PM
58	I work full time, even though my mother is in a very sheltered housing scheme, I visit every day, and I am with her the majority of the weekend. I do all her shopping, bill paying, appointments when necessary, and general household duties, also have my own home to run, so would find it difficult to find the time for training, and I was not fully aware of its availability.	2/21/2014 1:57 AM
59	only been made aware of a couple of sessions that were midday and I have no one to take care of my son. I had no idea there were training courses available online	2/13/2014 8:36 AM
60	I am not aware of training by Wolverhampton council	2/2/2014 2:59 AM
61	I am usually able to find the necessary information I need on a particular topic online and I also do not retain information very well at all if I am in a group training environment with other people. I learn far better if I am given online access to training or links to websites that contain the relevant information	1/31/2014 3:02 PM



# Training for carers - west midlands

## Q4 If you have attended training or completed training online could you tell us how helpful it was to you in your caring role

Answered: 208 Skipped: 152

	No help at all	Quite helpful	Very helpful	Essential	N/A	Total
Carers rights	2.42% 3	14.52% 18	14.52% 18	5.65% 7	62.90% 78	124
Understanding health and social care services	1.89% 2	6.60% 7	9.43% 10	7.55% 8	74.53% 79	106
Coping with caring	2.34% 3	14.06% 18	16.41% 21	11.72% 15	55.47% 71	128
Looking after your own health and wellbeing	2.22% 3	17.78% 24	15.56% 21	11.85% 16	52.59% 71	135
Relaxation / Managing Stress	3.42% 4	13.68% 16	16.24% 19	5.98% 7	60.68% 71	117
Dementia Awareness	3.03% 4	9.85% 13	16.67% 22	15.15% 20	55.30% 73	132
Autism Awareness	2.65% 3	11.50% 13	11.50% 13	5.31% 6	69.03% 78	113
Mental Health Awareness	3.42% 4	10.26% 12	12.82% 15	10.26% 12	63.25% 74	117
Other awareness course ( please specify below)	3.30% 3	3.30% 3	3.30% 3	3.30% 3	86.81% 79	91
Moving and Handling	2.46% 3	8.20% 10	11.48% 14	18.85% 23	59.02% 72	122
Medicines/ treatments/pain management	1.98% 2	4.95% 5	7.92% 8	7.92% 8	77.23% 78	101
Diet and Nutrition	2.00% 2	8.00% 8	11.00% 11	3.00% 3	76.00% 76	100
Continance Care	2.20% 2	5.49% 5	1.10% 1	3.30% 3	87.91% 80	91
Other home nursing ( ie preventing pressure sores)	2.22% 2	2.22% 2	5.56% 5	1.11% 1	88.89% 80	90
Managing difficult /unpredictable behaviour	0.94% 1	10.38% 11	9.43% 10	6.60% 7	72.64% 77	106
Managing Finances	3.88% 4	2.91% 3	11.65% 12	7.77% 8	73.79% 76	103
Benefits/Pensions	4.72% 5	3.77% 4	16.04% 17	5.66% 6	69.81% 74	106
Safeguarding vulnerable people	2.50% 3	6.67% 8	14.17% 17	13.33% 16	63.33% 76	120
Carer Aware ( online)	3.85% 4	3.85% 4	6.73% 7	7.69% 8	77.88% 81	104
Young Carer Aware ( online)	3.30% 3	3.30% 3	2.20% 2	2.20% 2	89.01% 81	91

#	Any further information? In particular please tell us how you would rate any other training not in this table.	Date
1	N/A	6/18/2014 2:13 AM
2	All training is important and worthwhile. I would be happy to learn i may be suitable for.	6/18/2014 1:27 AM
3	Very Good. Quite helpful.	6/16/2014 3:25 AM
4	It is fair to say that I already had a range of formal qualifications in Health & Social Care on entering my current post 7 years ago. My husband has no formal Health & Social Care training - he would certainly have benefited from Dementia Awareness and Mental Health Awareness training but as he works full time this training would have been beneficial on line so that he could easily access this.	6/16/2014 2:39 AM
5	N/A	6/4/2014 4:51 AM
6	1989 -1992 - Access into Adult Social Inputted by KCI Care at Rowley Regis College.	6/4/2014 4:07 AM
7	Cannot train online	5/29/2014 5:42 AM

8	I have only experienced this one course and I consider it to be excellent very beneficial to me and the person I cared for. I have	5/22/2014 10:09 AM
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## Training for carers - west midlands

8	I have only experienced this one course and I consider it to be excellent, very beneficial to me and the person I cared for. I have noticed that my knowledge/understanding of dementia is greater than that of most professional carers (home carers or care home carers). No disrespect to professional carers, they do a marvellous job for very low pay, but I think the professionals don't have the opportunity to attend a course that focuses on dementia.	5/22/2014 10:00 AM
9	If I require any information I call the helpline or speak to a social worker or more recently a 'keyworker'	5/18/2014 1:35 PM
10	I attended the Expert Patient Program. I believed in this course as it taught me how to live with my long term health condition. I became a tutor. It is an essential program. It also does a Carer's Course.	5/11/2014 6:19 AM
11	I've done no training as such.	5/8/2014 6:31 AM
12	No	5/1/2014 6:58 AM
13	I attended the Looking After Me course at the Crystal Centre earlier this year. I have raised some of the issues I had with the organiser at the time and was made to feel somewhat ungrateful and advised that it was run by volunteers. I do however have concerns about the cost to the Authority and to the carers themselves in the area of time, effort and facilities provided. All who I discussed this course with found it not useful at all, regimented with deliverers following a set script and constantly breaking up useful discussions that the group were having to continue with their script. This was the second course I have been on the first was held at Brett young and was shortly after I became a carer and again it was script driven and when anyone in the group asked specific questions the deliverers were unable to answer. I feel that the authority is trying to fill in a tick box sheet which allows them to say they have fulfilled various criteria but they are not really giving CARERS what they need or want. I also attended the carers group at Black Country Museum and was very disappointed. Again the cost of this must be great. But it became more of an old time sing along for the cared for, not a useful event for the Carer. I asked prior to attending if arrangements would be made for my Mum so I could take advantage of the event and told yes, but there was no separation of carer and caree so how is that giving the carer a break? Plus there were a lot of staff there who just stood around in groups rather than interacting with the group and finding out they needed, introducing themselves, offering advice etc. At the moment I feel that the Authority wants to provide a good service but is just doing what it needs to do to tick boxes, fulfil national standards etc. They need to find out what the carer wants and needs and then fit in with them.	5/1/2014 1:32 AM
14	never been offered any	4/29/2014 7:45 AM
15	I have completed a Food Hygiene course on line and found it very convenient to do	4/25/2014 5:42 AM
16	I did first aid with a voluntary organisation it was good although I hope I nver have to do CPR or the heimlich manoeuvre	4/18/2014 11:52 AM
17	None of the above were either offered or made accessible due to geographical location.	4/14/2014 5:22 AM
18	Although the newsletters I referred to earlier are not training as such. They are essential as an excellent way of finding out what is going on, who does what and the contact details for the many and varied organisations that can help carers. Often it is the first and only source of information concerning a particular issue of interest. Similarly the free events I refer to above make a big difference to a carer's ability to cope and feel 'free' of burdens sometimes.	4/14/2014 4:13 AM
19	Tried to access Caring with Confidence - online doesn't work	4/9/2014 5:22 AM
20	Under the banner of the Expert Patient Programme, there is a special course specifically for carers entitled "Looking after me" It is an EPP self management programme.	4/5/2014 7:14 AM
21	I would like to go on some training courses. I havent got to go on any and i would be interested in going to them please.	4/4/2014 6:11 AM
22	I have completed training as a social care professional which assists me to care for my elderly parents, I do not have time to complete training in relation to being a carer for them myself. I have not completed dementia training, although my mother has dementia, I have some knowledge in this area, although it is not an area I work in directly, so have not accessed the training through my employment.	4/1/2014 7:54 AM
23	Domestic Abuse very good could do with an update	3/31/2014 8:29 AM
24	Taking a slightly different angle. There is a HUGE training need for banks, financial organisations and utility companies to be aware of power of attorney etc. and carers' needs. It is stressful enough trying to care for someone with dementia in their own home, when living far away, but even more so when, for example, I was told by British Gas that the POA was registered with a different part of their company (supply), & won't be recognised by their section(servicing) until it had been registered again. One managed to lose the POA. Recently I had to make a special case to senior management of my Mum's nursing home company to read her notes 'cos I had a POA and not an EPA, even though she is self funding. At the time, there were only POA & they can't be converted. These are things that carers' training won't address yet they can be very time consuming and frustrating to deal with.	3/27/2014 5:44 AM
25	what training	3/26/2014 2:33 PM
26	also attended two courses on Benefits and grants. Both excellent. This is a most helpful programme meeting an essential public need . It must continue	3/26/2014 11:37 AM
27	The mental health first aid course was very informative & useful.	3/26/2014 5:29 AM
28	Whoever is doind the presenation should be of QUALITY....know what they are talking about!!!! Not always the case.	3/25/2014 2:11 AM
29	Computer basics was extremely useful to enable me to access other services to do with Cating for my Mother	3/24/2014 9:47 AM
30	I am enomously grateful to the courses which have been offered through the Worcestershire Association of Carers. They offer positive advice and / or advise where to go to get the necessary information sought. Sharing information with other carers or listening to their suggestions is also helpful. It makes you feel as thou you are not on your own actually do have somewhere to turn to. Thank you.	3/21/2014 12:46 PM
31	the Caring with Confidence programme in Worcestershire was brilliant	3/21/2014 5:24 AM
32	Any form of training, however simple, is essential to all carers, not only to help keep them well informed but to help avoid isolation and frustration. A problem shared is a problem halved!	3/20/2014 10:57 AM
33	i would like some online information	3/20/2014 10:10 AM
34	no idea. When the chips are down for me I am able to weep in comfort	3/13/2014 8:30 AM
35	I would appreciate any online training. This has the potential to allow participation from those who are not able to attend training due to work commitments.	3/12/2014 1:45 PM
36	I will look into training now i see all that is around	3/12/2014 3:05 AM

## Training for carers - west midlands

36	I will look into training how I see all that is around.	3/12/2014 8:00 AM
37	Are these courses certificated? Are they accredited? If so, I would love to do them.	3/11/2014 12:57 PM
38	I prefer face to face courses if there are difficulties understanding points they can be sorted at once.	3/7/2014 6:26 AM
39	Moving and handling for carers could include a section on how to avoid getting into arguments about what you do at work and what you should do for your mother/father iro the rights and wrongs of how poor moving and handling procedures with a family member because you are not at work so not likely to 'sue' for damages, can actually badly affect carers own health in the long term.	2/21/2014 6:15 AM
40	I only recieve information from Cares Smethwick, do you provide these courses through other agencies??	2/17/2014 5:01 AM
41	All training which I have attended has been very useful.	2/14/2014 4:01 AM
42	I want face to face training	2/7/2014 4:25 AM

**Q5 Please rank in preference how you like to learn**

Answered: 341 Skipped: 19

	1	2	3	4	5	Total	Average Ranking
As part of a group	<b>49.01%</b> 148	<b>18.54%</b> 56	<b>15.56%</b> 47	<b>9.93%</b> 30	<b>6.95%</b> 21	302	3.93
On a 1-1 basis	<b>19.13%</b> 57	<b>34.23%</b> 102	<b>18.79%</b> 56	<b>12.08%</b> 36	<b>15.77%</b> 47	298	3.29
Online	<b>21.99%</b> 62	<b>21.99%</b> 62	<b>24.11%</b> 68	<b>14.89%</b> 42	<b>17.02%</b> 48	282	3.17
Using written materials	<b>4.71%</b> 14	<b>21.55%</b> 64	<b>24.58%</b> 73	<b>34.34%</b> 102	<b>14.81%</b> 44	297	2.67
A mixture of these methods	<b>18.94%</b> 57	<b>10.63%</b> 32	<b>21.59%</b> 65	<b>23.59%</b> 71	<b>25.25%</b> 76	301	2.74

# Training for carers - west midlands

## Q6 Do you have any further comments about the way you like to learn?

Answered: 70 Skipped: 290

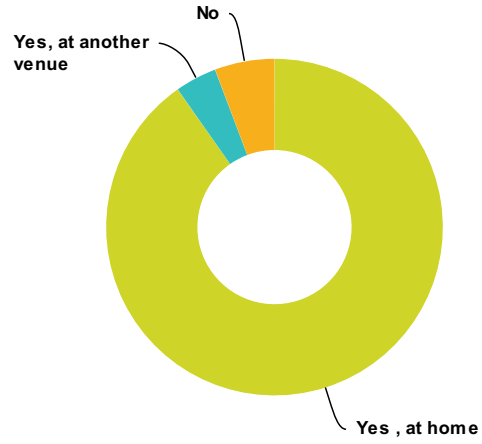
#	Responses	Date
1	Informal learning is helpful for me as a Carer.	6/18/2014 2:26 AM
2	Group Learning.	6/18/2014 2:13 AM
3	I am happy learning anyway. I think a variation of ways ie: Online,Handouts and part of a group are a good idea.	6/18/2014 1:27 AM
4	Due to ill Health and working,i need more support with home life sometimes.	6/16/2014 3:17 AM
5	I use a mixture of methods, mostly on line, telephone contact and 1:1 where possible.	6/16/2014 2:39 AM
6	I can use any of the above options - no particular preference. Usually learn better if training relates to my particular situation and requirements.	6/13/2014 6:55 AM
7	I would find it difficult to find the time to attend training in addition to working full time, own family needs and caring responsibilities	6/11/2014 2:34 AM
8	The major drawback with learning as part of a group is that individuals get wrapped up in their own problems and this leads to wasted time.	6/10/2014 9:34 AM
9	None	6/4/2014 4:51 AM
10	N/A	6/4/2014 3:32 AM
11	Cannot manage with written materials as I have Alzheimer's- method would need to be individual.	5/29/2014 5:42 AM
12	in my own home	5/24/2014 1:11 PM
13	On line means I can do it around caring needs and at my pace.	5/22/2014 11:08 AM
14	Group learning is invaluable in sharing experiences, learning from each other, and supporting each other.	5/22/2014 10:09 AM
15	nO	5/20/2014 9:01 AM
16	none	5/8/2014 6:31 AM
17	better by viewing written materials	5/5/2014 1:57 PM
18	No, I would preferbly like to work with a small group.	5/1/2014 6:58 AM
19	In small groups or 1-1, for short spells on specific targeted issues with someone who is an expert in that area. e.g., Max 2 hours, on benefits with a benefits officer or expert who knows what they are talking about and will have all the correct paperwork, forms, contact detail on hand.	5/1/2014 1:32 AM
20	As a carer is it really part of my role to get training, as the parent I was never offered training when I had my other three so called normal children and frankly that would have been just as useful	4/29/2014 8:23 AM
21	due to my health I find it hard to say if I can attend training of any kind from day to day as so up and down. but as I have said before not been a problem as none has ever been offered	4/29/2014 7:45 AM
22	Weekends	4/28/2014 9:32 PM
23	it depends on what it is - if its about laws and whether you can get a service its ok on line - but first ais for example I think you have to do it	4/18/2014 11:52 AM
24	It depends on the subject matter & type of 'training' on offer as to how I like to learn but generally I find learning over a number of weeks and doing some home work in between is how I learn best rather than one off events, though these do have their place sometimes. Some people may only be able to learn in their own homes on a one to one basis as they cannot face going to something formal.	4/14/2014 4:13 AM
25	NO	4/14/2014 2:49 AM
26	U will do aby methods but bot online	4/11/2014 5:16 AM
27	I would like to participate in training	4/7/2014 1:10 AM
28	kineshtetically	4/5/2014 3:46 AM
29	I feel the more variety of learning opportunities the better.	4/4/2014 6:03 AM
30	I need pictures and easy to read training. postal survey entered by KC	4/4/2014 6:02 AM
31	Working full time makes online learning easier.	4/4/2014 5:56 AM
32	In the home environment. I would like my Wife to be involved with the training, so it would need to be in my home.	4/4/2014 5:48 AM
33	1 - 1 would be good.	4/4/2014 5:35 AM
34	I would like some face to face training with the person i care for present.	4/4/2014 5:28 AM
35	Whatever methodology is used, there needs to be the means of review and assessment of the learning outcomes	4/4/2014 3:20 AM
36	No	4/1/2014 12:50 PM
37	Having time is a problem. I have to choose on line as there is not time to attend anything.	4/1/2014 7:54 AM

## Training for carers - west midlands

38	I like to learn from professionals/experts and, although hearing about examples first hand can be helpful, too much reliance on 'others in the same boat' can be long-winded and depressing. Time is so precious, I just want the facts and a lot more about predictability and future-proofing. by the time you realise you need the training, and then access it, you are likely to be well on the way to the next set of problems. Maybe it needs to be less soft, and more hard-nosed.	3/27/2014 3:23 PM
39	it is better to have some form of input from other people	3/27/2014 12:26 PM
40	A taught course backed by written materials in a group of upto 20 is my ideal. 1-1 is not cost effective and the concentration required by both teacher & trainer is huge. On-line just doesn't work for me - reading screens of text is 'difficult', normally print off to read text!	3/27/2014 4:47 AM
41	Because I looked after my profoundly disabled daughter on my own for 33 years - she is now 47 years old and in a Mencap Long term respite care - my time was spent looking after her and trying to get access to help I had no time for training. My training was years of knowing about Epilepsy, Autism, and Cerebral Palsy and Behaviour problems.	3/26/2014 8:40 AM
42	I suffer with terrible anxiety, therefore it is difficult. Much easier for me to do one on one's or online. Plus caring for both elderly parents makes finding time very difficult.	3/26/2014 8:18 AM
43	Fast in one short session with written info to take home to read	3/25/2014 4:28 PM
44	I like the facilitated sessions - you learn from both the facilitators and from all the other attendees, who have experienced things first hand and can pass on tips.	3/25/2014 12:54 AM
45	Because my mother's needs were so individual I preferred 1-1 training. I know this can be difficult and not the most cost effective method but I found the moving and handling training essential. A lot of training was available to me but as a sometimes working and often exhausted carer I thought I was coping ok. With hindsight I wish I had taken more advantage of the training available. I was also involved in carers' issues locally	3/24/2014 3:44 PM
46	None	3/24/2014 7:13 AM
47	I do not know because my parents are currently refusing help.	3/22/2014 9:26 AM
48	Being part of a group provides reassurance to others.	3/21/2014 12:46 PM
49	group helps form friendships and extra support	3/21/2014 5:24 AM
50	In a group situation it is good to have the opportunity to share experiences	3/20/2014 3:53 PM
51	I think it depends what I'm learning about in relation to learning style e.g. manual handling is helpful 1:1 or in a group- whereas I would be happy to study health and nutrition online	3/20/2014 12:23 PM
52	As every carers needs are different, a 1 to 1 approach is ideal, but often not financially viable. Therefore group sessions (or a mix of the two) would be a good alternative.	3/20/2014 10:57 AM
53	1 as part of a group 5 a mixture of these methods	3/20/2014 10:10 AM
54	Work shops. Using IT such as videos.	3/17/2014 3:52 AM
55	What we wish is often not what we are able to RECEIVE even though it's there	3/13/2014 8:30 AM
56	by example,	3/13/2014 8:29 AM
57	Its knowing where to go for the information or who to contact for help so I study in my own time when its convenient.	3/12/2014 2:03 PM
58	I had to put an order for section 5, but I have no strong preferences.	3/12/2014 1:45 PM
59	I find managing groups that the carers centre/social care do are best, as they have the answers or get the answers	3/12/2014 6:17 AM
60	na	3/12/2014 3:05 AM
61	No	3/12/2014 1:40 AM
62	Given the responsibilities I have, I need to have a set time in the week that I put aside, otherwise it won't happen!	3/9/2014 2:28 PM
63	learning with people who have been through similar situations, regardless of backgrounds help, including course trainers. You can learn much from each other and their situations, as you begin to share, gain confidence and recognise your not alone. We can help each other, make friends.	3/5/2014 12:29 PM
64	Online training or reading will not work as carers dont have enough time in their homes	2/20/2014 4:27 AM
65	Informally	2/19/2014 11:38 AM
66	I like role play and seeing DVD's of what works for people included in the training. Someone reeling out a list of statistics does not appeal to me.	2/14/2014 4:01 AM
67	I would like training where I could discuss my specific circumstances and how to best deal with them.	2/13/2014 10:41 AM
68	it is always helpful to have some form of refresher a month or so after each course; either another session of a group or a follow up phone call to answer any outstanding questions or clarify issues.	2/12/2014 3:55 AM
69	It is much better to learn with a group	2/7/2014 4:25 AM
70	I need the training material to be in written format or printable format if online, as I do not retain information that is just spoken very well at all	1/31/2014 3:02 PM

Q7 Do you have internet access?

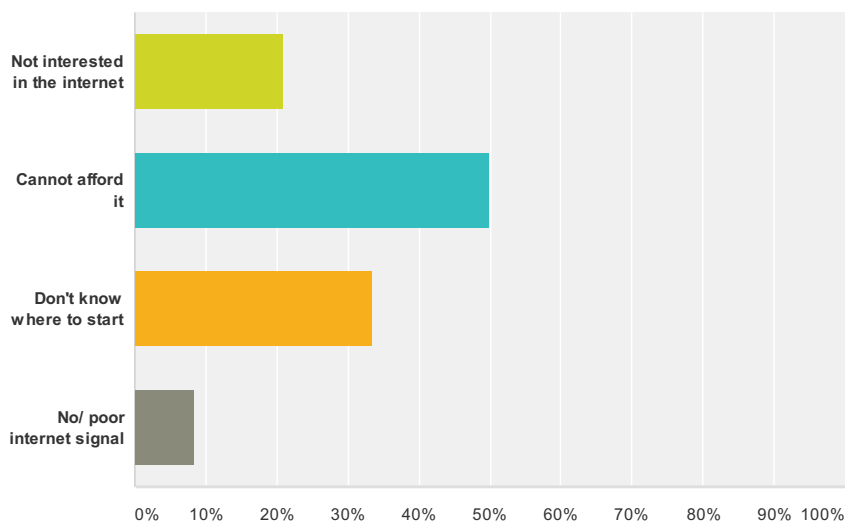
Answered: 349 Skipped: 11



Answer Choices	Responses	
Yes , at home	90.26%	315
Yes, at another venue	4.01%	14
No	5.73%	20
<b>Total</b>		<b>349</b>

**Q8 If you answered no, please tell us why.  
Tick all that apply**

Answered: 24 Skipped: 336



Answer Choices	Responses
Not interested in the internet	20.83% 5
Cannot afford it	50.00% 12
Don't know where to start	33.33% 8
No/ poor internet signal	8.33% 2
<b>Total Respondents: 24</b>	

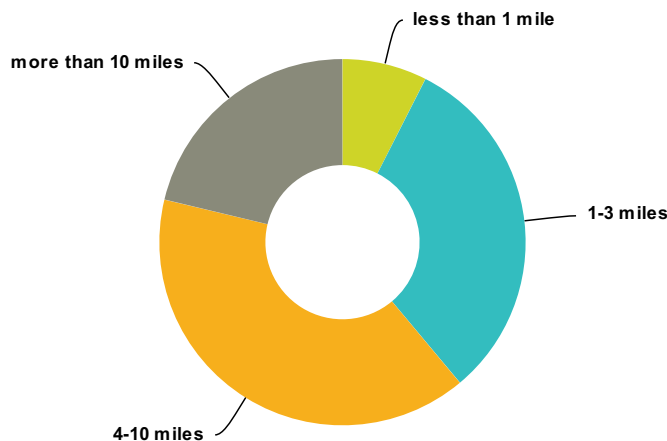
#	Any comments	Date
1	I do not use the Internet as i am not very confident to use it.	6/18/2014 2:37 AM
2	I am 72 Years old and really do not understand.	6/18/2014 2:05 AM
3	Find it difficult to remember how to use	6/18/2014 1:58 AM
4	Also have access at work, but it would need to be limited to break-times.	6/13/2014 6:55 AM
5	No	5/1/2014 6:58 AM
6	Have borrowed daughter's old lap-top because cannot decide what to replace my old computer with!!	4/28/2014 12:37 PM
7	not fibre optic nor virgin in street	3/28/2014 12:01 PM
8	I am on the internet and used it extensively before retiring. It is really hard to sit down and use it when you have a very demanding/reliant person expecting you to be on hand 24/7/	3/27/2014 3:23 PM
9	I have access to the internet but my parents don't use it; they aren't particularly interested in going online.	3/22/2014 9:26 AM
10	Many people do not feel confident or have the time for IT options.	3/20/2014 10:57 AM
11	unable to afford new computer	3/17/2014 1:23 AM
12	The Phone is an annoyance ((cold callers))	3/13/2014 8:30 AM
13	I know a number of carers who, for a variety of reasons have no access to the internet and cannot know about how to partake in these type of surveys.	2/14/2014 4:01 AM



# Training for carers - west midlands

## Q9 How far would you be prepared to travel to access a course you particularly want to do

Answered: 334 Skipped: 26



Answer Choices	Responses	
less than 1 mile	7.49%	25
1-3 miles	31.44%	105
4-10 miles	39.82%	133
more than 10 miles	21.26%	71
<b>Total</b>		<b>334</b>

#	Any comments relating to travelling?	Date
1	Depends on the course,how long it is (Hours). If it will greatly benefit me. I have travelled 10 miles before but i have had to take a taxi. It is less likely that i would travel 10 miles.	6/18/2014 3:14 AM
2	I can't go very far as i do not have a car. I will go if i have a Taxi.	6/18/2014 2:56 AM
3	I have mobility problems and i cannot use public transport.	6/18/2014 2:37 AM
4	I havr mobility problems.	6/18/2014 2:05 AM
5	I use the Bus.	6/18/2014 1:58 AM
6	I dont drive so it does make things a little difficult to travel too far away. I care for my mom of 80,so would obviously need to take this into consideration.	6/18/2014 1:27 AM
7	No	6/16/2014 3:25 AM
8	Training needs to take into account that many carers of my generation are in full time employment. My husband said that if training was available in an evening he would have gone to it.	6/16/2014 2:39 AM
9	With working fulltime and other commitments I dont have much time.	6/11/2014 3:31 AM
10	Would not be prepared to travel.	6/11/2014 1:11 AM
11	The venue should have free parking. I would avoid Birmingham if free parking was not available as it is very expensive otherwise. Venues should be within easy wlling distance of public transport.	6/10/2014 9:34 AM
12	None	6/4/2014 4:51 AM
13	I am fortunate i am able to drive and ability to drive further afield.	6/4/2014 3:53 AM
14	Car parking facilities	5/20/2014 9:01 AM
15	do not drive, so easy access by public transport	5/19/2014 5:58 AM
16	I have put less than a mile because I have to use public transport and the person I care for (my husband) is always with me	5/15/2014 12:06 PM
17	As long as I can drive or have my husband drive me.	5/11/2014 6:19 AM
18	As a car owner, I would be concerend as to how much it's going to cost me in parkings etc.	5/8/2014 6:31 AM
19	No	5/1/2014 6:58 AM
20	can't go too far as I need to be able to get back to my husband quickly if i was needed	4/29/2014 1:42 PM
21	I dont drive so by a train station makes it practical.	4/29/2014 10:32 AM
22	can't drive far or sit for long so difficult for me to attend these sessions	4/29/2014 7:45 AM

## Training for carers - west midlands

23	To be able to get back to person being cared for if needed	4/28/2014 9:32 PM
24	As a Carer I don't have a lot of spare time	4/25/2014 5:42 AM
25	Time away from home.	4/17/2014 3:48 AM
26	I would hope that travelling expenses could be paid if the course enabled you to deveolp your caring skills and provide better care	4/14/2014 8:56 AM
27	Sometimes i can not afford the Petrol and certainly not train fares.	4/14/2014 5:22 AM
28	Obviously the nearer the better particularly for those who have to use public transport which may mean a number of venues being available for the same course over a period of time.	4/14/2014 4:13 AM
29	Would go further if transport available	4/11/2014 5:16 AM
30	Public transport only	4/9/2014 9:17 AM
31	Have medical needs myself	4/7/2014 1:10 AM
32	Good transport links? Adequate parking at venue?	4/5/2014 7:14 AM
33	travelling and then doing a course, takes you away from the person you are caring for, so you would find it hard to access at times.	4/5/2014 3:46 AM
34	parking is needed too!	4/4/2014 9:48 AM
35	I dont drive and wouldnt like to leave my dad for too long.	4/4/2014 6:06 AM
36	Accessibility to the venue would be important	4/4/2014 6:03 AM
37	I dont drive,so would need to catch a bus.	4/4/2014 6:02 AM
38	I would travel if someone stayed with my wife.	4/4/2014 5:48 AM
39	I do not drive and can not leave my husband.	4/4/2014 5:28 AM
40	Need Transport as i am Disabled	4/4/2014 5:18 AM
41	It depends on where the course is held and the time of day given caring duties.	4/4/2014 4:25 AM
42	It isn't about distance, it's about ease/time of travelling. Two miles is no good if there's no public transport, ten miles or more is fine if it's very close to public transport.	4/4/2014 3:20 AM
43	Difficult without carer support	4/4/2014 2:50 AM
44	Unable to spend time travelling to training.	4/1/2014 7:54 AM
45	Accessibility for none car drivers.Public transport access. Time for travel	3/31/2014 8:29 AM
46	not easy relative declining	3/29/2014 1:21 PM
47	but not at night as I do not drive in the dark	3/29/2014 10:12 AM
48	it just adds that extra hour or so if you go more than 10 miles, so dominating a day - leaving little beyond the acts of caring that day. I really resent it if I go to bed having done nothing but caring, or care-related activities in a day.	3/27/2014 3:23 PM
49	It should be local	3/27/2014 12:26 PM
50	Based in Kidderminster, travel to Worcester is fine for a course that will be really helpful. Only problems are making the time (decent advance notice) and (much less important) cost of travel.	3/27/2014 4:47 AM
51	I'm a non-driver so rely on public transport. Courses are usually run at times that make it difficult for me to travel by public transport as I have to get my son on and off his school transport.	3/26/2014 10:14 AM
52	I'm happy to catch a day return train to London. Or drive anywhere in Worcs. Or cycle anywhere in Worcester.	3/26/2014 8:55 AM
53	I have my own car - but I am waiting for a hip replacement so probably I wouldn't be able to commit to accessing courses and I feel now that at the age of 75 years I am too tired now and give my time to Angela visiting her several times a week in Evesham from Alcester in Warwickshire	3/26/2014 8:40 AM
54	Distance, ease of parking, quailty of room	3/26/2014 7:15 AM
55	I don't drive so I find it difficult to get to venues outside of Evesham.	3/26/2014 5:29 AM
56	Training should be offered in locations with good public transport links and parking.	3/26/2014 3:50 AM
57	I need to be close to home	3/25/2014 3:24 PM
58	Make it at a venue where parking is plentiful.	3/25/2014 12:54 AM
59	I don't drive so good public transport links would be an important consideration to attending a course.	3/24/2014 2:15 PM
60	due to the person i'm caring for going somewhere on a regular basis can be difficult dependant on thier illness	3/24/2014 6:49 AM
61	cannot afford to pay travel cost	3/23/2014 9:43 AM
62	It is not necessarily the distance that matters. For example, from home it is so inconvenient and time consuming to get to the other side of the Severn to get to a venue in Worcester or beyond.	3/22/2014 10:56 AM
63	Dad' has an eyesight problem, which is stable at the moment, and is still able to drive but is not willing to travel any further than is necessary at the moment.	3/22/2014 9:26 AM
64	Have to rely on public transport	3/22/2014 12:32 AM
65	Rely on local bus services as have no car.	3/20/2014 3:30 PM
66	not possible would not leave my husband alone for to long	3/20/2014 12:57 PM
67	Ideally, the closer to home the better for carers, as they can get home quickly to pick up the caring role. It also helps if there is convenient and free parking, such as the Hume Street Medical Centre in Kidderminster.	3/20/2014 10:57 AM

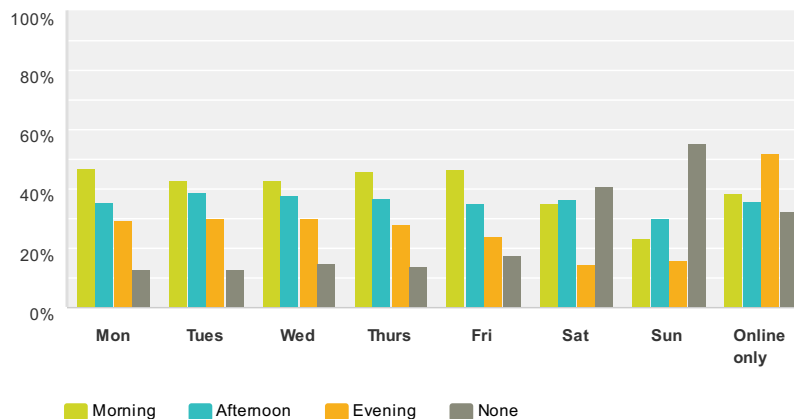
## Training for carers - west midlands

68	I don't drive and I'm also disabled	3/20/2014 10:50 AM
69	As far as necessary	3/20/2014 10:39 AM
70	Cost of fuel an issue.	3/20/2014 10:10 AM
71	depends on the course	3/17/2014 1:23 AM
72	It can't be too far in case I am needed urgently and flexibility must be given if person can't attend at some point	3/13/2014 3:12 PM
73	I am unable to leave her	3/13/2014 8:30 AM
74	I need to be fairly close to home in case I am needed	3/13/2014 8:29 AM
75	Although I have retired, i am still working 3 days a week. I would be pleased to attend courses at a time when I am free.	3/12/2014 1:45 PM
76	If the course is accredited, I would travel.	3/11/2014 12:57 PM
77	I would be prepared to travel but I have no one to replace me to look after my mother and therefore unable to leave the house.	3/11/2014 9:28 AM
78	No problems travelling within Worcestershire or surrounding area	3/9/2014 2:28 PM
79	Finding some one to care for my wife would restrict travelling	3/7/2014 6:26 AM
80	not ideal to travel far, I do have a car which helps but those without struggle.	3/5/2014 12:29 PM
81	Would prefer it to be local to my area, as time is limited, and long distance travelling is not really an option.	2/21/2014 1:57 AM
82	I have to use public transport so easy travel to venues is important, also travelling by public transport is time consuming which means you are away from home longer.	2/19/2014 11:38 AM
83	Have difficulty as I do not have a car and have to be at certain times.	2/17/2014 12:11 PM
84	Refund cost travel or help us get access to travel would help immensely	2/16/2014 2:34 PM
85	At a venue with parking	2/14/2014 12:47 PM
86	Travelling a long way can be restrictive as there can be a very short window during the day to travel, take part in and return from training. Cost of parking or rail travel can soon add up and if your local authority means tests carers direct payments, for many carers these travelling costs then have to come out of the household budget.	2/14/2014 4:01 AM
87	Would need car parking within easy walking distance of the venue.	2/13/2014 10:41 AM
88	Preferably within 1 1/2 hrs - but would go further if I felt it would be really helpful	2/13/2014 5:40 AM
89	I would not want to travel to the centre of Birmingham as it takes too long	2/10/2014 12:40 PM
90	would need to use public transport.	2/4/2014 5:11 AM
91	Ease of accessibility, travel costs reimbursed	2/3/2014 10:50 AM
92	I generally would not travel to a course at all as I prefer to research information I need online. Any group training would need to be given via a group I already attended for me to consider attending.	1/31/2014 3:02 PM
93	I work full time so courses would have to be evenings/weekends	1/29/2014 3:37 AM

# Training for carers - west midlands

## Q10 What would be the best time for you to attend training?

Answered: 315 Skipped: 45



	Morning	Afternoon	Evening	None	Total Respondents
Mon	46.91% 114	35.39% 86	29.63% 72	13.17% 32	243
Tues	42.86% 99	38.96% 90	29.87% 69	12.99% 30	231
Wed	42.98% 98	38.16% 87	29.82% 68	14.91% 34	228
Thurs	45.89% 106	37.23% 86	28.14% 65	13.85% 32	231
Fri	46.36% 102	35.00% 77	24.09% 53	17.27% 38	220
Sat	34.81% 55	36.71% 58	14.56% 23	41.14% 65	158
Sun	23.49% 35	30.20% 45	16.11% 24	55.70% 83	149
Online only	38.35% 51	36.09% 48	51.88% 69	32.33% 43	133

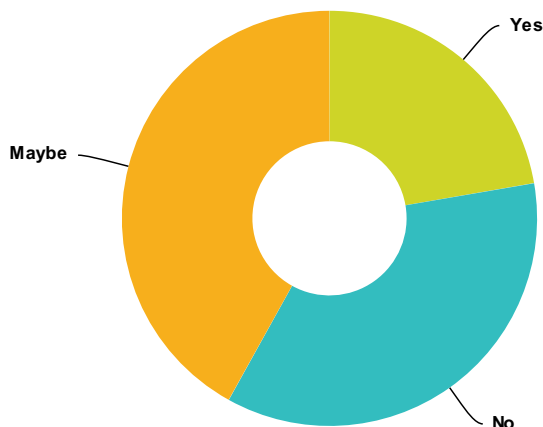
#	Any comments	Date
1	Mornings or Afternoons	6/18/2014 2:26 AM
2	Mornings would be better.	6/18/2014 1:27 AM
3	I can be available before 2pm only	6/16/2014 3:25 AM
4	A group session followed up by on-line training and/or information would be beneficial especially to those who work full time	6/16/2014 2:39 AM
5	I can make arrangements to attend training at anytime except weekday evenings. I can also train on-line.	6/13/2014 6:55 AM
6	see earlier comment	6/11/2014 2:34 AM
7	Due to my caring roles, I am unable to attend before 10.00am and would need to leave at 2.30pm (or earlier if venue far away).	6/10/2014 9:34 AM
8	After 7.30 pm please.	6/6/2014 6:09 AM
9	N/A	6/4/2014 4:51 AM
10	After 9.30am due to Bus Pass.	6/4/2014 3:32 AM
11	Most times are fine as long as I didn't have commitments for my mum and dad but I keep Mondays and Fridays free	5/29/2014 5:42 AM
12	None	5/20/2014 9:01 AM
13	It would depend on the days circumstances at the time.	5/15/2014 7:16 AM
14	work full time as well	5/15/2014 2:24 AM
15	work full time and weekend commitments	5/10/2014 10:02 AM
16	1st online only then others	5/5/2014 1:57 PM
17	No	5/1/2014 6:58 AM
18	I am limited by my husbands needs so would only be able to be out for an hour or so	4/29/2014 1:42 PM
19	Some carers also have to work to pay the bills!!	4/29/2014 8:23 AM

## Training for carers - west midlands

20	find it hard due to my health to attend sessions	4/29/2014 7:45 AM
21	I work full time and then care of an evening time so face to face training would be difficult and require some planning	4/28/2014 7:22 AM
22	I am never quite sure when I will be available	4/25/2014 5:42 AM
23	I still work so evening is best although I could do weekends	4/18/2014 11:52 AM
24	Sufficient notice is probably most important so that people can make suitable arrangements to allow them to attend.	4/14/2014 4:13 AM
25	Any hours outside of core working hours	4/9/2014 9:17 AM
26	Am willing to learn online	4/7/2014 1:10 AM
27	Depends on other commitments	4/5/2014 7:14 AM
28	it depends on the person i care for, how they are... how im feeling, what else is happening. there is unlikely to be one good time.	4/5/2014 3:46 AM
29	weekdays, it could be at any time, but it rather depends on the length of the course and duration of each session. If prolonged, then evening or on line is really the only answer as I work full time	4/4/2014 9:48 AM
30	I work all week	4/4/2014 6:02 AM
31	I work Monday to Friday.	4/4/2014 5:39 AM
32	Carer support	4/4/2014 2:50 AM
33	After 10.30 am due to caring commitments	3/31/2014 10:41 AM
34	About seven in the evening is best, I am retired but other people have to work.	3/27/2014 12:26 PM
35	Very few weekly known commitments but my diary varies tremendously from week to week.	3/27/2014 4:47 AM
36	Can do most days if get enough notice, I can plan ahead my caring duties then.	3/26/2014 8:18 AM
37	Each day is different for me....so difficult to narrow down.	3/25/2014 2:11 AM
38	Please consider running evening sessions for those carers who have to work	3/25/2014 12:54 AM
39	I am unable to say because I am unable to get my parents to see sense.	3/22/2014 9:26 AM
40	As a carer you cannot make firm arrangements	3/22/2014 7:55 AM
41	I work 48+ hours a week & not set rota	3/22/2014 12:32 AM
42	a lot of courses or training is in the daytime which is not convenient as i have a full time job.	3/21/2014 8:50 AM
43	I WORK IN THE DAY	3/21/2014 12:19 AM
44	I have less need for training at present as my son is now an adult.	3/20/2014 3:53 PM
45	Working and caring, so can't do majority of courses I would like to do as they are rarely on my day off.	3/20/2014 3:30 PM
46	Too vague, specific dates would be essential	3/20/2014 3:05 PM
47	Too vague, specific dates would be essential	3/20/2014 3:05 PM
48	Have hospital and other appointments so would need to know well in advance to organise around these appointments.	3/20/2014 1:05 PM
49	Variable due to carers, work and family commitments.	3/20/2014 12:20 PM
50	Unless I get respite care I cannot leave my partner. We don't have family nearby. I only get 16 hours a month respite which I use for visiting family who live in Coventry.	3/20/2014 11:53 AM
51	These are the best times, but others could be possible with some pre-warning, subject to any medical appointments.	3/20/2014 10:57 AM
52	Too busy caring to use more time	3/20/2014 10:39 AM
53	my shifts differ week to week	3/20/2014 10:10 AM
54	i can't make a decision as i don't know what might be occurring at any given time	3/17/2014 1:23 AM
55	My husband goes to the BEN day Centre on these days each week.	3/13/2014 8:29 AM
56	I only have 25hrs a week without my son, so timing of meetings are important	3/12/2014 6:17 AM
57	At the moment may have a job soon	3/12/2014 1:40 AM
58	I work shifts so I would work around a course that was relevant to me as a carer	3/11/2014 3:58 PM
59	Again I am unable to leave the house	3/11/2014 9:28 AM
60	These times and days are when my wife has My day my way care	3/7/2014 6:26 AM
61	If a relevant course was planned ahead at given times of the day it may be possible to plan some of my work around it.	3/4/2014 8:49 AM
62	Because of work commitments	2/28/2014 3:09 AM
63	I work full time it is difficult to make time	2/20/2014 11:15 AM
64	I am at work in the mornings Monday-Friday. I do not like going out after dark.	2/13/2014 10:41 AM
65	I would not attend fact to face training as I can usually find out anything I need to know by doing my own online research	1/31/2014 3:02 PM
66	I work full time	1/29/2014 3:37 AM

**Q11 Are there circumstances when you would be prepared to make a financial contribution to training?**

Answered: 341 Skipped: 19



Answer Choices	Responses	
Yes	22.29%	76
No	35.78%	122
Maybe	41.94%	143
<b>Total</b>		<b>341</b>

#	Please tell us the reasons for your answer	Date
1	Yes if it is not expensive and of general interest to me.	6/18/2014 3:14 AM
2	As i do not have the money.	6/18/2014 2:56 AM
3	I learn new things and use my time.	6/18/2014 2:37 AM
4	Depends on how much i have to pay with my budget.	6/18/2014 2:26 AM
5	Yes if it was Something i really enjoy.	6/18/2014 2:18 AM
6	I have very low income.	6/18/2014 2:13 AM
7	If i am helping Carers and the money goes to the office at Bearwood Road.	6/18/2014 2:05 AM
8	If it was something i am really interested in.	6/18/2014 1:58 AM
9	Not at the moment.I am doing lots of things but all Voluntary,so my financial situation is not the best.	6/18/2014 1:27 AM
10	With all cut backs its hard balancing your expenditure.	6/16/2014 3:17 AM
11	As long as the cost of training was not too expensive myself and my husband would be willing to contribute especially to a group training session.	6/16/2014 2:39 AM
12	If the training appears particularly beneficial to my circumstances.	6/13/2014 6:55 AM
13	It depends on the cost as I am on low pay.	6/11/2014 3:31 AM
14	Cant afford it	6/11/2014 2:31 AM
15	Depending on cost	6/11/2014 1:25 AM
16	I think that carers already make a significant financial contribution to the country by undertaking their caring role. £61 per week for a minimum of 35 hours caring is significantly below the minimum wage. The government/local authorities should recognise this awesome saving to the economy by funding courses.	6/10/2014 9:34 AM
17	I feel being a carer I am not only contributing ALL of my time to them but also helping them financially to help make their life more comfortable. I dont have money to spare as I have a husband and son at home who are unable to get a job.	6/6/2014 6:09 AM
18	Can not afford it.	6/4/2014 4:51 AM
19	Everything has a cost.Whatever people can afford and wish to contribute would be a bonus.	6/4/2014 3:53 AM
20	I have other Commitments	6/4/2014 3:32 AM
21	Unemployed	5/29/2014 6:10 AM
22	Don't think I could afford it	5/29/2014 5:42 AM
23	I paid to complete QCF 5	5/24/2014 5:03 AM

## Training for carers - west midlands

24	Finances are difficult	5/22/2014 11:08 AM
25	At the time I was surviving on Carers Allowance and Job Seekers Allowance or Income Support. I would consider making a small contribution but I think most carers have very limited finances.	5/22/2014 10:09 AM
26	Unaffordable	5/20/2014 9:01 AM
27	If it was something special or special guest speaker	5/19/2014 5:58 AM
28	if it was beneficial	5/18/2014 1:35 PM
29	Depends entirely on how much money is available at the time	5/15/2014 12:06 PM
30	Depending on the type of Training. Have a Husband with Advanced Alzheimers, but have Carers to do for him.	5/15/2014 7:16 AM
31	if it is a worthy course to complete	5/15/2014 2:24 AM
32	saving the government a lot of money already.	5/13/2014 8:28 AM
33	As long as I can afford it or if it was a minimal charge.	5/11/2014 6:19 AM
34	can't afford it	5/10/2014 10:02 AM
35	As I am retired and live on my pension, money is very tight and short.	5/8/2014 6:31 AM
36	It would depend on the cost, and the relevance of the training.	5/8/2014 5:21 AM
37	I give care very cheaply for which the government/local authority provide no help whatsoever. The least they can do is provide training	5/8/2014 4:44 AM
38	living on the breadline with debt does not allow me to afford courses/training. Such training is needed and would enhance my understanding of long term illness.	5/5/2014 1:57 PM
39	I cant think of one.	5/1/2014 6:58 AM
40	depends on cost and how beneficially the course would be in relation to the care I provide	5/1/2014 4:05 AM
41	my husband is having to give up work currently off sick so money is going to be quite tight	4/29/2014 1:42 PM
42	Single mom of three, I would have to pay for transport to get there already.	4/29/2014 10:32 AM
43	Depends what the training is	4/29/2014 8:23 AM
44	don't see why we should struggle enough having a disabled relative without having to fork out money to be helped in coping. careers save the country millions each year training and support should be free	4/29/2014 7:45 AM
45	my caring knowledge has come from being a parent and life in general and that doesnt come with a price	4/29/2014 2:05 AM
46	Provided it was within my budget	4/28/2014 9:32 PM
47	A modest contribution is not unreasonable for me personally.	4/28/2014 12:57 PM
48	If the course was thought to be of particular use!	4/28/2014 12:37 PM
49	Carers who are not working would find this difficult. They get very little money in the way of benefits and if they are a pensioner well!!!! I believe carers save local authorities and the government lots of money and any training should be free.	4/28/2014 7:22 AM
50	If I really felt training would be beneficial I would be prepared to pay a small amount	4/25/2014 5:42 AM
51	I am a believer in the value of training and don't see why I shouldn't make a financial contribution (if necessary).	4/22/2014 12:12 PM
52	If the training was going to help equip me more as a parent that is also a Carer I would happily contribute if I could.	4/19/2014 11:31 AM
53	Not if it was directly about my caring role as I think that should be provided but if it were a general interest	4/18/2014 11:52 AM
54	No income	4/17/2014 3:48 AM
55	I use most of my time to help Paul. I would find it provided me with Relaxation and Paul education in me learning. Paul the same motivation that would help us both.	4/15/2014 7:57 AM
56	I have been made redundant , so money is short , I am currently trying to get the right benefits , but it seems I am going round in circles	4/14/2014 12:14 PM
57	If the course was developing transferable skills then it might be reasonable to make a contribution	4/14/2014 8:56 AM
58	At almost 65, the benefits i receive ie: Only Carers Allowance and IS which my partners claims for me, makes for a virtually Nil disposable equity.	4/14/2014 5:22 AM
59	I would probably try to find the information/resource required via books/internet before paying for a course but would never say never!	4/14/2014 4:13 AM
60	WE ARE ON A LOW INCOME AND FIND THINGS TIGHT ANYWAY	4/14/2014 2:49 AM
61	I am living off savings and trying to make them last	4/13/2014 5:59 AM
62	Why should I pay?	4/11/2014 7:35 AM
63	If I got the money	4/11/2014 5:16 AM
64	If I feel it would be helpful and beneficial for myself and within my caring role I would be willing.	4/11/2014 4:27 AM
65	Couldnt afford to	4/10/2014 7:24 AM
66	With an adult dependent, funds are low	4/9/2014 9:17 AM
67	Small contribution ok	4/9/2014 5:22 AM
68	Depends on type of course and expected cost	4/9/2014 3:07 AM

## Training for carers - west midlands

69	I feel I have given enough financially by giving up my job to become a full time carer - I am saving the government money by performing this role, and fail to see why I should pay for any training	4/9/2014 12:45 AM
70	Too many carers are unpaid so they should not have to contribute towards any form of training that will help with their caring role.	4/8/2014 4:33 AM
71	It would depend on what was available and the predicted outcomes.	4/7/2014 2:07 PM
72	low income	4/7/2014 1:10 AM
73	If it would directly help the person I was caring for I would be willing to contribute	4/6/2014 4:51 AM
74	Depending on the training and how useful it would be to me	4/5/2014 8:31 AM
75	It would depend on the training being given & why a charge would be necessary.	4/5/2014 7:14 AM
76	its hard to say, caring is done voluntarily at no cost to government and therefore should volunteers pay? but in some circumstances it may be valid. I wouldnt like to commit either way incase it made it impossible for others.	4/5/2014 3:46 AM
77	I am on a low income and live with my parents	4/4/2014 3:56 PM
78	the family carer becomes an unpaid extension of community services	4/4/2014 9:48 AM
79	If it was something I was particularly interested in and not provided locally	4/4/2014 7:10 AM
80	I couldnt afford it.	4/4/2014 6:06 AM
81	If it was a training course that would be identified through the training pathways and therefor credits being attached to my current qualifications.	4/4/2014 6:03 AM
82	I cannot afford to.	4/4/2014 6:02 AM
83	I feel this should be free.	4/4/2014 5:56 AM
84	If i thought it would be really useful.	4/4/2014 5:48 AM
85	I could not afford it.	4/4/2014 5:35 AM
86	I am Bankrupt	4/4/2014 5:28 AM
87	On Benefits, Cant afford it	4/4/2014 5:18 AM
88	Accredited Learning - I want to be able to demonstrate my achievements.	4/4/2014 5:17 AM
89	Depends on the type of training.	4/4/2014 5:16 AM
90	I could afford it but may be others could not and I would be prepared to help fund them .	4/4/2014 4:25 AM
91	This is a 'reluctant' maybe! Voluntary carers relieve the statutory authorities of much work and responsibility; therefore, should usually be funded. However, the scarcity of funding suggests that those who can contribute could do so ensuring that those who cannot are in no way prevented from receiving the fullest benefits of training.	4/4/2014 3:20 AM
92	Living on carers allowance (the person I care for was on benefits) really does not allow any kind of slack in the budget, especially if travel costs have to be paid for!	4/4/2014 3:20 AM
93	Money is tight but would consider	4/4/2014 2:50 AM
94	My husband is unemployed, as the only person earning in the household, I would not be able to use any of our scarce resources on training.	4/1/2014 7:54 AM
95	as a LA we should be able to access training free there will be a cost in care for demensia adult and travel	4/1/2014 3:35 AM
96	Cannot afford it	3/31/2014 10:41 AM
97	Lack of finances on limited budget. If the local authority values volunteers, training should be free as the work done by volunteers is already saving money and adding value ti improving services	3/31/2014 8:29 AM
98	Depends how vital I feel it is and whether the training/materials available justified the expenditure	3/30/2014 6:09 AM
99	The family supports the user financially & cannot afford to payout extra at times.	3/29/2014 2:04 PM
100	not all courses I have attended have been worthwhile	3/29/2014 1:21 PM
101	havent had a pay rise in 5 years, and life in general is hard enough	3/28/2014 12:01 PM
102	Depends on the subject and quality of training/provider/experience	3/27/2014 11:57 PM
103	If it meant I could access training that I needed 'now', it would be worth lessing the stress involved in waiting for a relevant course to come up. The old saying of "time is money" should be "time is health" for carers.	3/27/2014 3:23 PM
104	You must be aware that carers save this country billions so the courses should be free!	3/27/2014 12:26 PM
105	If I felt it was very relevant & a quick way to understanding a certain care od care.	3/27/2014 5:44 AM
106	If course is likely to be very relevant then it is not unreasonable to make a contribution.	3/27/2014 4:47 AM
107	money is not very plentiful	3/27/2014 2:38 AM
108	If I felt it would benefit my family	3/27/2014 1:59 AM
109	I have contributed all my life to all the relevant departments now I'm retired may be    can receive payment	3/26/2014 2:33 PM
110	it would be difficult to justify cost when there would be considerable incidental costs such as travelling- it would have to something of tangible benefit.	3/26/2014 12:59 PM
111	Depends on the potential benefit from the training	3/26/2014 11:48 AM
112	Having paid taxes all my life for the benefit of the public and the then aged, now it is my turn to benefit from the current generation of tax payers. I shall need all I have and more to take care of my wife and myself in the few years that we have left to us,	3/26/2014 11:37 AM



## Training for carers - west midlands

113	I am not earning any money at the moment so therefore cannot really afford to pay for any extras like training courses	3/26/2014 8:55 AM
114	Looking after both parents, surviving on my savings & carers allowance. Totally impossible to live on those finances.	3/26/2014 8:18 AM
115	Depends on course and who is presenting it	3/26/2014 7:15 AM
116	If it was of great interest to me	3/26/2014 5:29 AM
117	Depends on the cost in relation to the likely value of the training.	3/26/2014 5:09 AM
118	Charging for anything is a sure-fire way of stopping people who may need it most from accessing it.	3/26/2014 5:01 AM
119	It would depend on the relevance and value to me	3/26/2014 4:54 AM
120	I would be prepared to make a financial contribution, if I felt the course would be beneficial to me in my caring role.	3/26/2014 4:38 AM
121	Depends on cost and also on whether the training was something that would be of benefit.	3/26/2014 3:50 AM
122	If it was something the benefit outweighs the cost somehow	3/25/2014 4:28 PM
123	I struggle financially as it is	3/25/2014 5:37 AM
124	i understand the costs involved in training and would be willing to pay enough to cover my proportion of the cost.	3/25/2014 2:51 AM
125	Our income have massively dropped!!!!!! I have had to give up work and my husband is not 65 yet.	3/25/2014 2:11 AM
126	if training is vital or particularly important to me	3/25/2014 2:05 AM
127	Appreciate the support given and that Worcestershire council is under financial pressure. If charges are introduced, keep them minimal, to maximise attendees. Remember, if the cost of the course is prohibitive, it might be false economy, as carers not attending may require more support/health interventions in the future.	3/25/2014 12:54 AM
128	I think that carer training should be regarded as an 'invest to save' measure. Many carers give up their own financial security when caring.	3/24/2014 3:44 PM
129	I have a limited income, so would need to assess the benefit of paying to attend a course.	3/24/2014 2:15 PM
130	Why should I be an unpaid carer and now you are suggesting I should pay for something you should be doing anyway. What would happen if I did not look after my Mother!!! The government have screwed me regarding my pension and now I am expected to take care of her while working and being unwell myself. You can tell from this that I am unhappy with the situation I now find myself in and I feel that too much is being asked of me.	3/24/2014 1:38 PM
131	depends on the cost	3/24/2014 10:29 AM
132	depends on the cost	3/24/2014 10:29 AM
133	To guarantee a place as a deposit	3/24/2014 9:47 AM
134	I already have 30 years experience	3/24/2014 9:08 AM
135	currently have very limited finance due to changing benefits	3/24/2014 6:49 AM
136	It would depend on the subject that was being discussed	3/24/2014 3:14 AM
137	my only income is carers allowance	3/23/2014 9:43 AM
138	To support good training	3/22/2014 2:38 PM
139	Money is very tight.	3/22/2014 1:59 PM
140	Only if charge reasonable and course was worthwhile	3/22/2014 1:41 PM
141	I cannot answer because my parents, at present, believe that they are not entitled to any help in any way, shape or form.	3/22/2014 9:26 AM
142	Because I do not have the extra money to spend	3/22/2014 7:55 AM
143	would not be able to afford it	3/22/2014 2:23 AM
144	Have been waiting since October for daughter to have PIP assessment	3/22/2014 12:32 AM
145	Think it is imperative that courses are run to provide an education. caring in the home is now coming to the fore and carers need the tools to know how to care to their best advantage. Preferably, I would not wish to pay as we the carers are in my opinion saving money to have our loved ones in hospital / home etc.	3/21/2014 12:46 PM
146	I do not have a big income and therefore have to consider where I spend money	3/21/2014 10:05 AM
147	it would depend on how specific it was to my needs - obviously something more tailored or bespoke, or that involved professional persons (eg solicitors) would perhaps involve a cost which i would possibly pay or contribute to	3/21/2014 8:50 AM
148	from a personal budget	3/21/2014 5:24 AM
149	See previous comment. I would have to feel that the course was of value to me as a carer i.e. was instrumental in helping me to achieve good supported care for my son rather than enforcing me to cope alone as a supplier of "informal care". Informal care seems to be underwriting the provision of state social care planned for the future. This is not in my interest as a carer or an individual with her own needs. I see little evidence of carers associations being aware of the difficult situation this puts them in as they are funded by the powers that have created this very situation..... and therefore seem little more than apologists for repellent, damaging political decisions concerning society's role in caring for the vulnerable.	3/21/2014 5:00 AM
150	Very low income can't afford any extras	3/21/2014 1:36 AM
151	If a course of particular interest was not available any other way	3/21/2014 1:21 AM
152	may be contribute towards a min bus or collective transport to training	3/21/2014 12:44 AM
153	if i had some money left over from my food and housekeeping budget that week i could probably spare a bit.	3/21/2014 12:14 AM
154	Some months maybe more thrifty	3/20/2014 5:46 PM
155	providing it was value for money and that I would really learn something useful	3/20/2014 4:20 PM

## Training for carers - west midlands

156	If it was really going to be of help	3/20/2014 3:53 PM
157	if the course was something i needed to learn and i had to pay for it then i would	3/20/2014 3:52 PM
158	It would depend on the nature of the training. basic training I would not be willing to pay but the more highly specific courses - probably yes	3/20/2014 3:52 PM
159	If it was a level 2 or level 3 qualification with a properly recognised exam body for example City & Guilds	3/20/2014 3:05 PM
160	If it was a level 2 or level 3 qualification with a properly recognised exam body for example City & Guilds	3/20/2014 3:05 PM
161	Only picking up carer's allowance, so probably not unless fee was minimal.	3/20/2014 1:05 PM
162	depends on what i would learn and cost	3/20/2014 12:57 PM
163	As long as it was a minimal charge, I would be prepared to make a contribution. I can't afford a lot but I would be prepared to pay, if I could afford it.	3/20/2014 12:23 PM
164	If required then I would pay	3/20/2014 12:06 PM
165	I can manage my caring duties,so don't really feel the need to go on a training course	3/20/2014 11:53 AM
166	This would obviously depend on the cost, convenience and timing, etc.	3/20/2014 10:57 AM
167	The training courses that I attended were very good and I would be happy to make a contribution.	3/20/2014 10:40 AM
168	As a carer I already contribute enough.	3/20/2014 10:39 AM
169	I would hope that Central/Local Government would provide essential training/information for Carers.	3/20/2014 10:20 AM
170	Having ONLY Carers Allowance as my income then I could not afford to contribute, also providing the amount of hours unpaid caring I believe it's the least the local authority could do to fund training.	3/20/2014 10:10 AM
171	If I felt that the training was going to be particularly of benefit.	3/17/2014 3:52 AM
172	will be on benefits	3/17/2014 1:23 AM
173	Cuts are forcing us already to make hard choices so if it came down to eating or training only one choice really	3/13/2014 3:12 PM
174	It would depend on the actual cost	3/13/2014 12:55 PM
175	I am an OAP and consider my myself with learning difficulties	3/13/2014 8:30 AM
176	To help get the best information.	3/13/2014 8:29 AM
177	It would depend on what would be taught and how.	3/13/2014 7:34 AM
178	I am a pensioner on a budget	3/13/2014 6:45 AM
179	I can afford it as I work but am happy to subsidise those people whose circumstances means that they would be unable to attend training.	3/12/2014 2:03 PM
180	I do appreciate the help I have been given from the Carers' Centre and understand that their funds are limited. I would be prepared to contribute to training as I do greatly value the help I have been given.	3/12/2014 1:45 PM
181	Costs towards tea/coffee	3/12/2014 6:17 AM
182	I CANNOT AFFORD TO MAKE A FINANCIAL CONTRIBUTION.	3/12/2014 1:27 AM
183	Do not have any money	3/11/2014 5:13 PM
184	Can't afford it	3/11/2014 3:58 PM
185	If the course was accredited. I know this sounds like I'm being picky, but an accredited course can also benefit work as well as caring responsibilities.	3/11/2014 12:57 PM
186	I cant afford it.	3/11/2014 12:14 PM
187	Having been a care manager I know how expensive training is.	3/11/2014 10:58 AM
188	I am happy to pay for the training as it will benefit me	3/11/2014 10:11 AM
189	Finances	3/11/2014 9:24 AM
190	The state saves enough money as it is by me caring. I think the least they could do is provide free training	3/10/2014 1:43 PM
191	If I considered the training to be a help to me I would consider paying	3/10/2014 10:14 AM
192	If course will only run with participant contributions and I'm particularly interested then maybe. But Carers provide a vital role supporting their loved ones and in doing so must save a lot of resources within the NHS, so we need some support.	3/9/2014 2:28 PM
193	If it added to my ability to cope I would pay.	3/7/2014 6:26 AM
194	I live on a low budget, its because the training is free I can attend, taking into account travel. Maybe a contribution.	3/5/2014 12:29 PM
195	If it was very specific to my needs in relation to supporting, and managing the behaviour of, my elderly disabled mother and my brother with mental health concerns and undiagnosed autism.	3/4/2014 8:49 AM
196	can't afford it	3/4/2014 1:19 AM
197	I understand the need for charging in the current climate. The value of the courses to me is huge. The cost needs to be reasonable as cares often have a limited income.	3/1/2014 1:41 AM
198	Depending on the course and the amount	2/28/2014 1:29 AM
199	It would depend on the relevance to my situation	2/26/2014 5:45 AM
200	Caring for my family member already costs me enough in transport costs, annual leave time and loads of other ways. I quite simply could not afford it.	2/21/2014 6:15 AM

## Training for carers - west midlands

201	Depends on if it would really help me to cope better with my caring role.	2/21/2014 1:57 AM
202	I am at work and can afford to pay at the moment. This may not always be the case for all carers.	2/20/2014 11:15 AM
203	I have already reduced my hours at work to cope with my caring role therefore I already contribute financially.	2/20/2014 6:28 AM
204	Unable to afford with financial support that I am already giving to my son	2/20/2014 4:27 AM
205	Anything that is helpful is worth paying something towards.	2/19/2014 11:38 AM
206	Making a contribution enables more people to access training and ensures the quality of the training.	2/18/2014 1:55 AM
207	To learn information quicker and be able to ask questions or to obtain a certificate.	2/17/2014 12:11 PM
208	Money is really tight since I became unwell and left work	2/16/2014 2:34 PM
209	If it was helpful and affordable I would consider it	2/14/2014 12:47 PM
210	When I know the training is very specific and relevant to my circumstances and the cost small.	2/14/2014 4:01 AM
211	It would depend on how relevant the training was to my circumstances and how much.	2/13/2014 10:41 AM
212	for expert advice from authorised bodies. for certificated courses/qualifications. and mainly to ensure advice and training is of good, consistent and reliable standard	2/13/2014 8:36 AM
213	Would need to be convinced it would be helpful and contribution reasonable. previous attendees experience would help this judgement. Bit like Amazon reviews ;-)	2/13/2014 5:40 AM
214	I feel very offended at this new idea of being expected to pay for training. Many of the tasks I carry out are an extension of my role as a spouse...managing the finances, planning our activities, getting repairs done etc which is fine (although tiring) but toileting, feeding, managing meds, showering, hoisting are what other people do for a living ( and get trained for as part of their role.) When I am doing it for nothing, why should I have to PAY for training.	2/12/2014 3:55 AM
215	I would pay up to £10 if I thought it would be useful	2/10/2014 12:40 PM
216	depends how much and how useful the training was	2/7/2014 4:25 AM
217	On benefits, just surviving	2/3/2014 10:50 AM
218	I WORK AS A VOLUNTEER FOR SOME LOCAL CHARITIES AND THEY WOULD COVER EXPENSES, IF APPROPRIATE.	2/3/2014 10:32 AM
219	Only in transport or maybe costs to certification	2/2/2014 2:59 AM
220	I have no need for training as I can usually educate myself via my own online research. Also I am on benefits so have no spare money available.	1/31/2014 3:02 PM
221	To develop my career	1/29/2014 3:37 AM

# Training for carers - west midlands

## Q12 Thinking about your caring role, what kind of training / learning / courses might be of interest to you in the future?

Answered: 251 Skipped: 109

#	Responses	Date
1	As I have had good jobs before I become a carer all my certificates have run out therefore I need to re do the training so I could work part time but I don't know how to go about this as there is a lack of information I used to be a Traffic Officer with the Highways Agency but had to give my job up because of my caring role so I would be interested in getting the certificates up to date. So I can look for work as caring full time is leading me to depression anxiety and stress if I could just do some of the courses that would be perfect as I then could look for part time work or share my caring capacity with family so I need help the areas of interest are - Health and Safety - Traffic Management- COSSH -RIDDOR - Manual handling - CSCS Card - CPC driving Course If I could re new these certificates I could get a job.so please help.	7/15/2014 2:19 PM
2	Money Management, Computers, First Aid, Moving and Handling, Benefits, Healthy eating/living, Wills and power of attorney,Confidence building,Public speaking.	6/18/2014 3:14 AM
3	All about eating.	6/18/2014 2:56 AM
4	Carers Rights, Coping with caring.	6/18/2014 2:51 AM
5	Relaxation,Medicine Management, Different Diseases and Conditions.	6/18/2014 2:37 AM
6	Carers rights,Benefits, Diet and Nutrition, Relaxation/Stress Relief,Health and Wellbeing.	6/18/2014 2:13 AM
7	Any.	6/18/2014 1:58 AM
8	I think First Aid is always a good thing.	6/18/2014 1:27 AM
9	Information Training on ADHD	6/16/2014 3:25 AM
10	I have been unwell,need to get myself back on track, then when feeling a lot better will continue Training Course	6/16/2014 3:17 AM
11	My husband really struggled to understand the stages of Dementia and he found the Age UK and Dementia UK Websites especially helpful, though there were many other questions he would like to be able to ask. My husband is currently grappling with understanding the process of Appointeeship in relation to his position when anything happens to his father as this means he will be responsible for his mother's care in a Nursing Home. Information or training on appointeeship would be helpful to him (though we are already aware of Age UK info on this subject).	6/16/2014 2:39 AM
12	Carers Rights. Coping With Caring. Looking After Your Own Health & Well-being. Relaxation and Managing Stress. Continence Care. Diet and Nutrition. Benefits and Pensions.	6/13/2014 6:55 AM
13	Awareness of early warning signs	6/12/2014 5:32 AM
14	Basic understanding of social care laws, including the new care bill.	6/11/2014 6:00 AM
15	Anxiety management mainly	6/11/2014 5:35 AM
16	Various.	6/11/2014 3:31 AM
17	diet & nutrition, dementia awareness, palliative care, caring for two people with similar and different needs, moving and handling, home nursing, navigating through access to support service LA and CHC, LPA responsibilities	6/11/2014 2:34 AM
18	What benefits / support groups are available	6/11/2014 2:31 AM
19	regarding coping with mental health and all the chaos surrounding this in acute situation and talking to other carers in a similar situation.	6/11/2014 1:53 AM
20	Understanding health and social care services Managing difficult and unpredictable behaviour Stress management Dementia and mental health awareness	6/11/2014 12:35 AM
21	Caring after death - what options are available to ensure ongoing care for the disabled. Financial planning for the disabled person.	6/10/2014 9:34 AM
22	Supporting someone who does not like to admit that you are their carer. Managing multiple discipline health provision. Using emergency services as part of a care plan.	6/10/2014 8:45 AM
23	No!	6/10/2014 8:04 AM
24	Sight & hearing loss and who to go to for information etc. taking on the lady I care for has been a steep learning curve for me & I've had to learn on the job.	6/9/2014 10:49 AM
25	Any of the above would be good.	6/6/2014 6:09 AM
26	First Aid	6/6/2014 2:30 AM
27	None	6/4/2014 4:51 AM
28	A dedicated Course which gives Financial Awareness of the benefit available, eg: Council Tax Exemption	6/4/2014 3:53 AM
29	Dont Know	6/4/2014 3:24 AM
30	Coping with the situation Helping with person, best way of helping Medication Alternative Medication	6/4/2014 3:10 AM
31	1 to 1 basis and part of a group	5/29/2014 6:10 AM
32	At the moment I've got things pretty much covered	5/29/2014 5:42 AM
33	not sure	5/24/2014 1:11 PM
34	Autism, learning disability and mental health related courses A specific Dudley safeguarding course	5/24/2014 5:03 AM

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35	Diet and nutrition	5/22/2014 11:08 AM
36	Although it was a dementia course I learned a lot about caring in general. I think a shorter, general caring course would be useful for unpaid carers who are not involved with dementia.	5/22/2014 10:09 AM
37	Learning and understanding mental health - Understanding mental health	5/20/2014 9:01 AM
38	Understanding Health & Social care, Dementia care etc. Any, it's always good to keep learning and be in the company of other carers	5/20/2014 8:42 AM
39	Care for Dementia, Parkinsons, Cancer care, carers rights	5/19/2014 5:58 AM
40	building relationships with opposite sex, for the cared for person, not necessary within a special needs setting.	5/18/2014 1:35 PM
41	How to cope, with stress, not being on your own, support, respite care available, social events	5/11/2014 6:19 AM
42	Possible training of carers but would have to be near where I live	5/8/2014 7:59 AM
43	Not sure. I do not know what courses there are.	5/8/2014 7:51 AM
44	Caring for the elderly and doing home visits.	5/8/2014 6:31 AM
45	Dementia and autism	5/8/2014 5:45 AM
46	Accessing services, rights, relaxation, dealing with professionals (health, social services etc)	5/8/2014 5:21 AM
47	How to access services, what services are provided and by whom plus general caring training	5/8/2014 4:44 AM
48	First Aid. Drug administration. Benefits awareness. Supporting your wife with a long term illness. Financial budgetary awareness. More courses about Skills for Care body run locally not distances away.	5/5/2014 1:57 PM
49	Catering, Drama, looking after yourself.	5/1/2014 6:58 AM
50	Keeping up to date with the changes to benefits. having training on new equipment coming onto the market regarding assistance to maintain independence	5/1/2014 4:05 AM
51	anything relevant to terminal brain cancer	4/29/2014 1:42 PM
52	I would love courses of how to help my child with organisational skills advice about choosing secondary schools How to not get overwhelmed by stress	4/29/2014 10:32 AM
53	Mental health issues within the family.	4/29/2014 8:23 AM
54	how to cope with the unfair benefit system which causes us so much stress every time we have to justify our disabilities to people who don't have a clue what it's like to live with some of these conditions. how to help my adult son fly the nest when he is ready and get the support he needs as at the moment he gets nothing only what we give him every day	4/29/2014 7:45 AM
55	at 66yrs old i dont feel like i need much more knowledge in caring ive been doing it for over 40 yrs	4/29/2014 2:05 AM
56	Autism Epilepsy	4/28/2014 9:32 PM
57	Keeping up with local authority changes to social care and health	4/28/2014 12:57 PM
58	Coping with multiple health problems including incontinence.	4/28/2014 12:37 PM
59	Stress management. Autism. benefits, job centre	4/28/2014 8:29 AM
60	For my particular circumstances I already have attended relevant courses through my work	4/28/2014 7:22 AM
61	At the moment I don't feel I need more training	4/25/2014 5:42 AM
62	I will wait to see what is on offer	4/22/2014 12:12 PM
63	Dual Diagnosis Understanding the Social Care/Support services Substance misuse/self medicating Dealing with stress and guilt	4/19/2014 11:31 AM
64	How to keep up with all the changes	4/18/2014 11:52 AM
65	Immigration Bellman equipments - HI/VI	4/16/2014 7:52 AM
66	I feel that the time i spend with Paul is more than sufficient to myself as as more would result in less communication with the person i care for.	4/15/2014 7:57 AM
67	How to cope better	4/14/2014 12:14 PM
68	Not sure	4/14/2014 8:56 AM
69	Please refer to Asterix on Page 2	4/14/2014 5:22 AM
70	CBT I am always interested in learning more about dealing with people with dementia How to help elderly people come to terms with and make the most of living in residential care and not spiral into depression. How to help elderly people living with a worsening visual impairment to deal with living their daily life successfully	4/14/2014 4:13 AM
71	GOOD DIET MY WIFE HAS HAD A GASTRIC BYPASS SO WOULD LOVE TO KNOW WHAT FOODS ARE BEST FOR HER	4/14/2014 2:49 AM
72	1st aid	4/11/2014 7:35 AM
73	Care	4/11/2014 5:16 AM
74	- mental health - wellbeing for carers - stress management	4/11/2014 4:27 AM
75	Handling difficult behaviour	4/10/2014 7:24 AM
76	How to deal with violent and unpredictable behaviour. Planning for the future both for self and adult dependent. How to access health services.	4/9/2014 9:17 AM
77	Getting NHS to deliver effectively	4/9/2014 5:22 AM
78	Where to go for additional help ; relaxation ; stress relief	4/9/2014 3:07 AM

## Training for carers - west midlands

79	Discovering just what help is available to carers in terms of medical/support/financial assistance.For example the local health authority has recently scrapped the role of Nurse Advisor for the Elderly which was vital source of assistance and factual help and has not been replaced. Where do we get such support now?	4/9/2014 12:45 AM
80	Relaxation classes i.e. yoga, meditation, tai chi (just for registered carers)	4/8/2014 4:33 AM
81	Not sure. Maybe something on working with speech therapists or coping with partners anxiety.	4/7/2014 2:07 PM
82	any	4/7/2014 1:10 AM
83	No longer applicable to me	4/6/2014 4:51 AM
84	Hard of hearing & lip reading courses	4/5/2014 7:14 AM
85	dealing with oncoming death managing being me, being mum being a carer and juggling them all. something that makes me feel worthwhile	4/5/2014 3:46 AM
86	moving & handling	4/4/2014 3:56 PM
87	I have only recently become a part-time (informal) Carer for my sister who is 66. At the moment, I am not sure what training would help.	4/4/2014 7:10 AM
88	Knowledge based (learning about dementia, mental illnesses, medical conditions etc.)	4/4/2014 7:05 AM
89	Coping with Dementia.	4/4/2014 6:06 AM
90	As the caring sector is constantly changing any training that would help with keeping my knowledge updated would be of benefit.	4/4/2014 6:03 AM
91	I would like help in managing money, especially the person i care for, What are they entitled to etc.	4/4/2014 6:02 AM
92	Unsure.	4/4/2014 5:56 AM
93	Bereavement Support - How to cope with life after caring.	4/4/2014 5:48 AM
94	Coping with Terminal illness, Coping with Stress.	4/4/2014 5:35 AM
95	Managing Finances. Assertiveness Training.	4/4/2014 5:28 AM
96	I want to learn new things and have fun learning with people i know.	4/4/2014 5:17 AM
97	Carers Rights, Relaxation/Managing Stress, Benefits/Pensions.	4/4/2014 5:16 AM
98	Carers rights,Dementia awareness.	4/4/2014 4:25 AM
99	Any matter related to elderly care and disability awareness (physical and mental).	4/4/2014 3:20 AM
100	Knowing what courses available. The list shows courses/information available but am not aware of availability. Is carers rights and information regarding social services as often this is kept to the agencies sole need to know and power trips!	4/4/2014 2:56 AM
101	Relaxation methods, younger onset dementia	4/4/2014 2:50 AM
102	Coping with my husband's long term Parkinsons especially as the effects of the illness change. Knowing about financial changes to benefits.	4/3/2014 10:18 AM
103	not sure	4/2/2014 6:08 AM
104	Care for elderly, disability, and young children and	4/1/2014 12:50 PM
105	Coping with competing demands of work life, full time employment, caring for two elderly parents (ages 86 and 88).	4/1/2014 7:54 AM
106	Don't know.	3/31/2014 10:41 AM
107	Tendering and commissioning as this work has been done through JCU But passed training was limited and now none existent for new volunteers to access yet this can add to transparency by including service / carers in these process Some more training on Make Every Contact Count so that carers/ volunteers can be included although there are online courses but not may people are aware of this	3/31/2014 8:29 AM
108	Coping with psychosis Family intervention techniques	3/29/2014 2:04 PM
109	how to deal with mental and physical decline when the patient is aware of what is going on	3/29/2014 1:21 PM
110	I can't think that far in advance	3/29/2014 10:12 AM
111	Dementia awareness	3/28/2014 4:19 PM
112	Management of a care home and becoming a deputy manager	3/28/2014 12:01 PM
113	A lot of the courses already offered would be good, I struggle to find the time to attend.	3/27/2014 11:57 PM
114	I suspect Dementia care, caring for Vulnerable, managing difficult behaviour and avoiding pressure sores.	3/27/2014 3:23 PM
115	Learning about the benefits system and what you are entitled to.	3/27/2014 2:16 PM
116	Learning about the illness and the the right way to react to the persons difficult /unpredictable behaviour. Also how to cope with the stress the carer has to cope with. Plus who to contact when you need to and how to do it. ( Answer phones are not the answer)	3/27/2014 12:26 PM
117	Health and social care	3/27/2014 9:36 AM
118	None now, I think my caring role is drawing to a natural end.	3/27/2014 5:44 AM
119	Spotting 'Risks' and how to ameliorate them. (Recently found emergency pullcords in public buildings, including hospitals, tied up out of reach of someone on floor. In an 'Extra Care' facility which I am involved with the 'contracted' response arrangements for pull cords had ceased without any notification! Legionella control which did not meet Government recommendations in many areas! Electrical systems were not covered by risk assessment or the 5 year 'routine' IET Inspection & Test though PAT was being done annually despite being unnecessary! Dogs allowed to roam on stairs-tripping hazard. What else is wrong?) Finance - particularly the new Government limits for State support for nursing care. Seems to depend upon level of incapacity not a general 'opting for nursing care'!	3/27/2014 4:47 AM
120	mostly I need to talk about how to cope	3/27/2014 2:38 AM

## Training for carers - west midlands

121	n/a	3/26/2014 2:33 PM
122	mental health information about support available for	3/26/2014 12:59 PM
123	Stress management	3/26/2014 11:48 AM
124	To cover details of care home facilities, and the economics of using them.	3/26/2014 11:37 AM
125	All as I have not attended any!	3/26/2014 10:14 AM
126	Learning delay Speech and language Proprioception First aid	3/26/2014 9:56 AM
127	Open to suggestions.	3/26/2014 8:18 AM
128	managing challenging behaviour	3/26/2014 7:15 AM
129	Coping with stress	3/26/2014 6:48 AM
130	Siblings courses - potential carer of the future	3/26/2014 5:29 AM
131	None that I can think of, but that might change if the situation changes.	3/26/2014 5:09 AM
132	Moving on from owner occupied independence to sheltered/supervised living. What are the options?	3/26/2014 5:01 AM
133	Dealing with memory loss and irrational behaviour	3/26/2014 4:54 AM
134	Anything relating to mental health/OCD specific/Autism & Asperger's.	3/26/2014 4:38 AM
135	first aid foremost then coping with panic attacks & anxiety exercise & diet for older /blind people with copd/emphysema	3/25/2014 4:28 PM
136	How to navigate the social care system and practical support with personal care tasks	3/25/2014 3:24 PM
137	benefits, personal budgets	3/25/2014 8:23 AM
138	future planning	3/25/2014 6:01 AM
139	Dealing with a cared- for bully. How to encourage the cared- for anger management	3/25/2014 5:37 AM
140	Deputyship through the Court of Protection supported and residential care	3/25/2014 2:51 AM
141	What help....if any..is out there.	3/25/2014 2:11 AM
142	paediatric first aid and care	3/25/2014 2:05 AM
143	Communication skills First aid course - so that I am more able to deal with situations. How to get health professionals for both the Carer and the cared for person to be more aware of the holistic family needs.	3/25/2014 12:54 AM
144	Update dementia training/coping with behaviours.	3/24/2014 2:15 PM
145	None. I want someone to take care of my Mother. She is getting too much for me to cope with and no one wants to help me.	3/24/2014 1:38 PM
146	How best to treat and care for my husband	3/24/2014 10:29 AM
147	How best to treat and care for my husband	3/24/2014 10:29 AM
148	Psychology	3/24/2014 9:08 AM
149	All that apply to a carers role	3/24/2014 7:13 AM
150	understanding/coping with mental illness counselling	3/24/2014 6:49 AM
151	I have been a full time carer for 4 years now and was a nurse for many years but I still value the group therapy	3/24/2014 3:14 AM
152	anything which would help me to earn wages,when i am no longer working as a carer(i am looking after my disable elderly father) I like working with numbers and computers	3/23/2014 9:43 AM
153	All the one's I have not ticked.	3/22/2014 1:59 PM
154	Caring for people with dementia, rights and support for children directly involved	3/22/2014 1:41 PM
155	Rights of carers and the cared for. Benefits etc Looking after someone with a brain tumour and/or dementia	3/22/2014 10:56 AM
156	Finance advise	3/22/2014 9:11 AM
157	Anger management	3/22/2014 12:32 AM
158	Relaxation, managing stress,	3/21/2014 3:24 PM
159	Understanding medication, proper info as to how to wash / shower someone or give bed baths. Info to prevent bed sores. What to expect as the person being cared for is nearing end of life...	3/21/2014 12:46 PM
160	Care for someone with dementia-I feel I don't know much about how to deal with problems	3/21/2014 10:05 AM
161	Training should be by professional, specialist public servants. Specifically it should not be given by amateurs however well intentioned.	3/21/2014 9:46 AM
162	Managng my health, wellbeing & stress	3/21/2014 9:20 AM
163	Help as my mothers Alzhiemers progresses.	3/21/2014 5:59 AM
164	I would like carers to have a voice which they use to explain that being a carer of whom more and more is expected in order to supplement diminishing state provision is not the role many of us want. We are mainly women, we have pensions to work for, jobs to compete for in a competitive environment, we are educated and trained ...our onerous family responsibilities are pointed out to prospective employers(un- officially,of course but that's just as toxic.) I do not want opportunities to manage my stress I want a trade union...and good, well funded state social care. I want a carers association which is relevant in this context and which spends less time on my role as "victim" and more on how to put right the lack of outside the home support on offer .	3/21/2014 5:00 AM
165	Dimentea	3/21/2014 1:49 AM
166	None	3/21/2014 1:36 AM

## Training for carers - west midlands

167	Coping with stress Coping with caring	3/21/2014 1:21 AM
168	understanding benefits, not only DLA but income support, housing benefit, council tax support, under occupancy charge etc. tracing supporting charities or grants available to help with day to day household things, ie I have recently been successful in receiving a tumble dryer via The John Martins Trust Evesham.	3/21/2014 12:44 AM
169	I HAVE NO IDEA WHAT IUS OUT THERE	3/21/2014 12:19 AM
170	making the money go further	3/21/2014 12:14 AM
171	Looking after my own health as a carer. My rights as a carer, knowing what I'm entitled to, and helping my son more	3/20/2014 5:46 PM
172	access to all relevant help available and contact details for genuine help and advice	3/20/2014 4:20 PM
173	Transition to adulthood - help sorting out funding, housing, legal & financial issues	3/20/2014 3:53 PM
174	keeping up with current pension/DLA and other financial matters	3/20/2014 3:52 PM
175	Mindfulness training	3/20/2014 3:52 PM
176	How to cope with family, work and looking after an elderly relative without sinking. Feel like can't give 100% to it all but am unable to give up work	3/20/2014 3:30 PM
177	FREE level 2 or level 3 qualifications that would help me get back into employment after my caring role comes to an end. Vocational and/or academic courses that have flexible learning workshop drop in facilities at a LOCAL college within 5 or 10 minutes travelling time. Times/Hours available should include Saturday mornings	3/20/2014 3:05 PM
178	FREE level 2 or level 3 qualifications that would help me get back into employment after my caring role comes to an end. Vocational and/or academic courses that have flexible learning workshop drop in facilities at a LOCAL college within 5 or 10 minutes travelling time. Times/Hours available should include Saturday mornings	3/20/2014 3:05 PM
179	Courses on dementia care	3/20/2014 1:18 PM
180	First aid Diabetes (around injections if Mary was unable to self administer at any time)	3/20/2014 1:05 PM
181	Benefits and pensions Managing paid work and the caring role First aid, Safeguarding Managing the psychological aspects of illness and disability Carers as advocates for the people they care for	3/20/2014 12:23 PM
182	coping with caring, Debenture, Financial, Benefits and Pensions, Caring	3/20/2014 12:06 PM
183	Anything related to dementia, where i can gain more experience and learn from a multi faceted approach, and gain knowledge from a provider and more importantly other carers.	3/20/2014 11:52 AM
184	Preparing for deterioration (particularly with Dementia). Stress Management Anger Management Public Awareness of Dementia	3/20/2014 10:57 AM
185	Relating to changes in benefits and legislation	3/20/2014 10:40 AM
186	Stress management. Understanding health & social care Carers rights The new Care Bill	3/20/2014 10:39 AM
187	I feel that the wide range of courses offered by Worcestershire Carers would be of interest.	3/20/2014 10:20 AM
188	all available	3/20/2014 10:10 AM
189	Planning for the future as in making wills and setting up trust funds if possible. Carers rights Social care policy applicable to assessments and funding. First Aid training	3/20/2014 10:10 AM
190	first aid, falls awareness, resusation.	3/20/2014 10:10 AM
191	Wheelchair handling	3/20/2014 10:05 AM
192	All of them as much as possible to be prepared	3/20/2014 10:00 AM
193	Help in access/egress of car.	3/20/2014 10:00 AM
194	Supporting those we care for to live independently. This would touch on financial matters, Tenancy rights, Community resources.	3/17/2014 3:52 AM
195	don't have proper information to make that desciesion	3/17/2014 1:23 AM
196	Behaviour dealing with it ,first aid	3/13/2014 3:12 PM
197	Don't know any	3/13/2014 12:49 PM
198	Maybe FUN things on the computer to take my mind off just for an hour	3/13/2014 8:30 AM
199	I need to learn more about how Alzheimers develops.	3/13/2014 8:29 AM
200	How to motivate/support a person with depression. How to support a person with a recently acquired physical disability necessitating wheelchair dependency.	3/13/2014 7:34 AM
201	courses that refer to help for myself as a carer. Dealing with the persons I care for, their anger.	3/13/2014 6:45 AM
202	Not sure	3/13/2014 4:04 AM
203	Dealing with challenging behaviour	3/12/2014 2:03 PM
204	Most of the topics outlines in section 2 above.	3/12/2014 1:45 PM
205	More on coping with behaviours at home	3/12/2014 6:17 AM
206	all	3/12/2014 3:05 AM
207	Mental health understanding	3/12/2014 1:40 AM
208	I HAVE NO IDEA REALLY	3/12/2014 1:27 AM
209	Handling. Incontinence. Pain management. Pension.	3/11/2014 7:57 PM
210	Incontinence, understanding dimentia more	3/11/2014 3:58 PM



## Training for carers - west midlands

211	Person centered care/support. Full First Aid training. Solution Focused Care/support Yesterday, Today and Tomorrow. Alzhiemers training. Medication Awareness. Food Hygiene.	3/11/2014 12:57 PM
212	Carers rights Coping with caring Health & wellbeing Autism awareness Mental health awareness Moving and Handling Medicines/ treatments/pain management Managing difficult /unpredictable behaviour Benefits /Pensions Managing Finances	3/11/2014 12:14 PM
213	I am quite confident in my ability to care for my Mother though it can be quite demanding and very different to caring for people as part of your Job. However I would benefit from more training in Dementia.	3/11/2014 10:58 AM
214	any	3/11/2014 10:11 AM
215	Relative to Alzheimer's Diagnosis	3/11/2014 9:59 AM
216	DO NOT KNOW	3/11/2014 9:58 AM
217	Carers rights	3/11/2014 9:28 AM
218	Understanding the psychology of those who are ill/aged/cared for	3/10/2014 1:43 PM
219	I have no idea	3/10/2014 10:14 AM
220	Managing stress. Self care.	3/9/2014 2:28 PM
221	Anything to do with the careing for Alzheimers sufferer	3/7/2014 6:26 AM
222	Physio-the person I care for I want to keep out of a wheel chair and keep active and occupational therapist, what is available in both these areas. The injury is in the brain not the body but affects the body.	3/5/2014 12:29 PM
223	Anything that would help me in relation to supporting, and managing the behaviour of, my elderly disabled mother and my brother with mental health concerns and undiagnosed autism, and planning for the future in relation to my brother.	3/4/2014 8:49 AM
224	Information on supported living and how to access it.	3/1/2014 1:41 AM
225	Something along the lines of self preservation / protection, including guilt and how caring can affect our own health (especially if having to move and handle people from armchairs etc. that they will not give up)! (Control issues) etc. Not free choices but personal choices that suit both parties etc.	2/21/2014 6:15 AM
226	How to deal and understand vascular dementia. Rights I have as a carer/representative of my relative. How can I make everyday things easier( power of attorney, Money handling etc) Dealing with stress/anxiety. What are my rights at work	2/21/2014 1:57 AM
227	dementia awareness. Home nursing pressure sore management.	2/20/2014 11:15 AM
228	How to say no. How to feel less guilty. How to make others step up and do their share.	2/20/2014 6:28 AM
229	I would be interested in attending most of the training courses listed earlier in this survey.	2/20/2014 4:32 AM
230	Anything linked to general caring, dementia, mental health, benefits.	2/20/2014 4:27 AM
231	How to relax - not yoga or meditation! Knowing of more facilities where I can get help or that would be helpful for both my husband and I to visit and enjoy.	2/19/2014 11:38 AM
232	Managing difficult conversations relating to end of life planning	2/18/2014 1:55 AM
233	Training on how to handle challenging situations situations. Learn relaxation techniques Learning to cope with anxiety	2/17/2014 12:11 PM
234	All of the above courses would be of interest but rarely see them advertised. Receive information for Cares Smethwick only.	2/17/2014 5:01 AM
235	Unsure...maybe how to deal with work and stress and emotions	2/16/2014 2:34 PM
236	Dealing with unpredictable behavior. Managing Stress. Safeguarding. Diet & Nutrition. Pain management. Understanding Health & Social care services. Dementia Awareness. ... As much as I can learn!! :)	2/14/2014 12:47 PM
237	How to go about finding out all the various elements of transition to adulthood, including health, employment, housing, friendships, money management, benefits, holidays etc for people with learning difficulties and poor social understanding. Training on understanding personal budgets/direct payments. How budgets/contributions are calculated. What does managing all that entail for a family carer? What is available and appropriate when they are over 25? How to best support someone with LD when they want to find a partner, but don't know how to go about it. How to support them find and maintain a relationship.	2/14/2014 4:01 AM
238	Coping with caring	2/14/2014 1:54 AM
239	Ways in which to help my husband lead a more independent life.	2/13/2014 10:41 AM
240	transition from childhood/adult services and situations. planning for longterm care making Will and Saving policies for disabled	2/13/2014 8:36 AM
241	Anything building on MH1stAid. Particularly relating to managing the situation with a "Kidult" Also how to get effective treatment from NHS in challenging times.	2/13/2014 5:40 AM
242	What to expect in the later stages of MS. The emotional/psychological aspects of being a carer; the effects of dependency, how to adapt your relationship when the person develops dementia/changes personality, overcoming taboos in order to give personal care to someone, how to still maintain someone's dignity despite loss of privacy.	2/12/2014 3:55 AM
243	What is available to help those with dementia. Transition to adult services	2/10/2014 12:40 PM
244	I enjoyed Omega healthy eating and cooking courses and making the most of your money	2/7/2014 4:25 AM
245	How to handle the problem	2/5/2014 7:07 AM
246	How to handle the problem	2/5/2014 7:06 AM
247	A training course on how to choose a care home and the funding...not just be given yet another leaflet to read....	2/4/2014 5:11 AM
248	Managing our mental health and how to destress easily with no cost,eating well on budget, living a fuller life, knowing what services are out there, funding for us carers	2/3/2014 10:50 AM
249	REALLY WOULDN'T KNOW. WOULD HAVE TO SEE COURSES ON OFFER AND DECIDE IF THEY WERE APPROPRIATE TO ME.	2/3/2014 10:32 AM

## Training for carers - west midlands

250	How to cope with a relative who has Alzheimers and lives in a care home, who exhibits challenging behaviour There seems to be too much focus on training carers who care for a relative/partner in their own home or in the community and little to no training for people who are trying to cope with overseeing the care of a relative in a care home ie the care is one step removed but you still have a lot of stress to deal with in trying to ensure that your relative is being cared for properly and having to liaise with care home staff on their behalf, which can be very stressful at times.	1/31/2014 3:02 PM
251	Stroke awareness	1/29/2014 3:37 AM

# Training for carers - west midlands

## Q13 Some carers have told us that they would like to have the opportunity to take a course or do some training not related to their role. Thinking about that, what kind of general training / learning / courses might you be interested in in the future?

Answered: 174 Skipped: 186

#	Responses	Date
1	As above	7/15/2014 2:19 PM
2	Psychology, Holistic Therapy, Physical education, Arts, Literature. Anything to make you feel good.	6/18/2014 3:14 AM
3	Pain Management, Relaxation, Health and Social Care, Looking after own health and wellbeing, Computers.	6/18/2014 2:51 AM
4	Sewing, Art, Creative Writing, English, Maths, Swimming.	6/18/2014 2:37 AM
5	Massgae, Aromatherapy, Diet & Nutrition.	6/18/2014 2:26 AM
6	Art,Sewing,Beauty.	6/18/2014 2:18 AM
7	Keeping Healthy and Exercise, Managing Finances.	6/18/2014 2:13 AM
8	Art, Creative Writing.	6/18/2014 2:05 AM
9	Crochet, Cooking	6/18/2014 1:58 AM
10	Flower arranging.	6/18/2014 1:27 AM
11	Holistic therapy.	6/16/2014 3:25 AM
12	Computer,Sewing,flower arranging and Socialising	6/16/2014 3:17 AM
13	My husband is thinking about Volunteering to support other people in the same position as himself, he would like to pass on the knowledge that he has gained through his own experiences as a 'Lay' person negotiating their way through a system that they have not been trained for. My husband would probably consider some training on giving Advice & Guidance to others.	6/16/2014 2:39 AM
14	Health and fitness	6/11/2014 6:00 AM
15	Various.	6/11/2014 3:31 AM
16	I think this survey focusses upon my training needs, I think it misses an opportunity to explore with carers other aspects that compound stress arising from the caring role. My parents are dependant upon us and we have met these needs for two years before requesting help (this was our choice) The major stressor for me is coordinating and managing community health appointments for two elderly people with different routine and spoeicialist health needs. Whilst we have had some very good responsive health care it is evident that health do not communicate together or share information effectively, or consider the impact of multiple appointments across different geographic areas Dudley Group and Sandwell for attendance at hospital, in addition to routine health appointments and this is multiplied by two for each of my parents. An example is recently Community health (footcare) decided to stop home visits following a conversation with my mother (who is diagnosed with demential and memory loss) in December duding a home visit when my mom advised the podiatrist that both mom and dad walk to the shops - they do not, the Podiatry service took the decision that they could both attend community clinic in future - that lead to mom and dads footcare needs not been met and a delay whilst home visiting was reinstated. We need coordinated outpatient and community health care that shares information has a combined calendar and considers how vulnerable people can be safely facilitated to attend appointments	6/11/2014 2:34 AM
17	leisure/relaxation courses	6/11/2014 1:53 AM
18	Not sure what is meant by this question, which appears to be far-reaching. I do not believe that non-related courses should be funded elsewhere, therefore user pays.	6/10/2014 9:34 AM
19	Not applicable.	6/10/2014 8:45 AM
20	N/a	6/10/2014 8:04 AM
21	Relaxation/meditation, a handicraft	6/9/2014 10:49 AM
22	Computers	6/4/2014 5:03 AM
23	None	6/4/2014 4:51 AM
24	Yoga, Relaxing Classes.	6/4/2014 3:59 AM
25	Health and Nutrition and Diet will impact weight.	6/4/2014 3:53 AM
26	I'd Like to learn how to look after my Wife with confidence.	6/4/2014 3:32 AM
27	I am interested in helping others understand dementia and what it's like to live with it and how to keep a positive outlook	5/29/2014 5:42 AM
28	not sure	5/24/2014 1:11 PM
29	relating to demanding families of service users	5/24/2014 5:03 AM
30	I can do it or find out information about that myself and I don't think that training not related to caring role should be a priority for adult social services.	5/22/2014 11:08 AM
31	Whilst on Job Seekers Allowance I received training with Birmingham Chamber of Commerce on all aspects of self-employment (e.g. bookkeeping, marketing, funding, etc., etc.). Personally I didn't need more training but I can understand that learning about self employment, work skills or recreational topics would be of benefit to carers.	5/22/2014 10:09 AM

## Training for carers - west midlands

32	Dealing with disabilities and in a carers role	5/20/2014 9:01 AM
33	Yes, most definitely!	5/20/2014 8:42 AM
34	First aid, Handling aggression	5/19/2014 5:58 AM
35	none currently	5/18/2014 1:35 PM
36	Finding out what the person is interested in learning about	5/11/2014 6:19 AM
37	To be able to become an interpreter. As I can speak Hindi, Urdu, Panjabi, a bit of gujrati and of course english.	5/8/2014 6:31 AM
38	Diploma/Certificate in Adult Care. Individual Employer MANAGEMENT COURSE.	5/5/2014 1:57 PM
39	I.T., Catering, Hairdressing or Drama	5/1/2014 6:58 AM
40	Any	4/29/2014 1:42 PM
41	I would be interested in anything that gives me a break	4/29/2014 10:32 AM
42	not well enough	4/29/2014 7:45 AM
43	Coping with Stress Crafts Tai Chi Yoga	4/28/2014 9:32 PM
44	I have done relaxation/meditation and craft courses run by CASS and they have been interesting and useful and provide a break from the routine.	4/28/2014 12:57 PM
45	Computing basics plus how to select equipment and perhaps computers and photography.	4/28/2014 12:37 PM
46	With the amount of training required for my job I do not really want to undertake anything that is academic. It would have to be fun and enjoyable, not take up much time, be local and interest related to me but I don't have the time to even think about what it is I would like to do.	4/28/2014 7:22 AM
47	My wife (who I care for 24/7), has dementia, COPD and AMD. I have diabetes. These conditions and responsibilities do not leave me time for the luxury of none specific training.	4/22/2014 12:12 PM
48	I feel that the work I do with Paul in every day life puts Paul in a better frame of mind. I would be grateful that any help would be super for that.	4/15/2014 7:57 AM
49	Not really thought about it	4/14/2014 12:14 PM
50	None, I am too busy caring for my partner.	4/14/2014 5:22 AM
51	Basic maths Vegeterian cooking Jewellery making	4/14/2014 4:13 AM
52	N/A	4/11/2014 7:35 AM
53	In help to do matg english and care	4/11/2014 5:16 AM
54	-complimentary therapy -meditation -yoga	4/11/2014 4:27 AM
55	non	4/10/2014 7:24 AM
56	Unfortunately no time for anything outside full time work and caring!	4/9/2014 9:17 AM
57	Not at present	4/9/2014 12:45 AM
58	No current interest (and no time!)	4/7/2014 2:07 PM
59	None	4/6/2014 4:51 AM
60	I love to learn, its my hobby. I will attend training courses on topics im not interested in to see what makes them interesting and have learned many useful (and interesting) things.	4/5/2014 3:46 AM
61	I would like to learn how to use computers.	4/4/2014 6:06 AM
62	self management time /stress, wellbeing. relaxation, coping mechanisms.	4/4/2014 6:03 AM
63	None.	4/4/2014 6:02 AM
64	Unsure.	4/4/2014 5:56 AM
65	I feel too old for this.	4/4/2014 5:48 AM
66	Run my own Business.	4/4/2014 5:39 AM
67	First Aid.	4/4/2014 5:35 AM
68	Finances.	4/4/2014 5:28 AM
69	Creative Writing, Yoga, Learning a language, Art, Cookery, Music, Debating, Family History, Keep Fit, Maths, Photography, Gardening.	4/4/2014 5:17 AM
70	Mental Health Awareness, Diet and Nutrition, Managing Behaviour.	4/4/2014 5:16 AM
71	I have other interests already.	4/4/2014 4:25 AM
72	Not for me specifically as I fund my attendance at stained glass workshops, but could funding be generated for a carer to attend art, music or sports classes for a term PLUS the provision of a stand-in carer to that they have the confidence to leave the home?	4/4/2014 3:20 AM
73	Sewing, crafts and outdoor crafts ,being creative.	4/4/2014 2:56 AM
74	Anything	4/1/2014 12:50 PM
75	First aid. Computer. Art	3/31/2014 10:41 AM
76	Note taking Chairing a meeting Roll of politics at local and national levels affects of policy on our daily lives	3/31/2014 8:29 AM
77	how to use an ipad	3/29/2014 2:04 PM
78	none	3/29/2014 1:21 PM

## Training for carers - west midlands

79	you tell me what is available	3/29/2014 10:12 AM
80	Becoming a deputy care home manager	3/28/2014 12:01 PM
81	leisure	3/27/2014 11:57 PM
82	Dancing ! Physical activity groups such as walking	3/27/2014 2:16 PM
83	Nice idea but I would have to think about that.	3/27/2014 12:26 PM
84	Computers	3/27/2014 9:36 AM
85	I like all types of learning it keeps me sane!	3/27/2014 2:38 AM
86	n/a	3/26/2014 2:33 PM
87	art/ craft courses	3/26/2014 12:59 PM
88	Any changes to Govt support for the elderly which could be of benefit to them' either practically or financially is highly beneficial as this info does not filter down tom the elderly as a rule.	3/26/2014 11:37 AM
89	cooking, sewing, hair and beauty, gardening, etc.	3/26/2014 10:14 AM
90	Not sure	3/26/2014 9:56 AM
91	Not really, anxiety problems. But would be willing to discuss.	3/26/2014 8:18 AM
92	NA	3/26/2014 5:01 AM
93	N/A	3/26/2014 4:54 AM
94	N/A	3/26/2014 4:38 AM
95	Keeping myself fit & healthy mentally & physically counselling/being a life coach	3/25/2014 4:28 PM
96	don't know	3/25/2014 8:23 AM
97	planning ahead to organise caring and life	3/25/2014 6:01 AM
98	IT courses Learning a craft to enable me to relax	3/25/2014 5:37 AM
99	stress management	3/25/2014 2:51 AM
100	What a good idea. I can't think of anything offhand but I like the idea and would be interested to see what's on offer.	3/24/2014 2:15 PM
101	Any	3/24/2014 10:29 AM
102	Any	3/24/2014 10:29 AM
103	Therapy to do with helping me to return to work in the future	3/24/2014 9:47 AM
104	N/a	3/24/2014 9:08 AM
105	Languages Assertive/and improve confidence Managing Stress	3/24/2014 7:13 AM
106	I would love to do an art class	3/24/2014 3:14 AM
107	Course ; Learning about computers,wage Clerk training	3/23/2014 9:43 AM
108	Not sure	3/22/2014 1:59 PM
109	n/a not enough time for this currently	3/22/2014 1:41 PM
110	Relaxation!	3/22/2014 10:56 AM
111	My concern is only with my caring role.	3/22/2014 9:11 AM
112	Sewing	3/22/2014 7:55 AM
113	mental health issues counselling	3/22/2014 2:23 AM
114	GCSE	3/21/2014 3:24 PM
115	Not sure at this time.	3/21/2014 12:46 PM
116	Can't think of anything off-hand	3/21/2014 10:05 AM
117	Aromatherapy	3/21/2014 5:59 AM
118	None	3/21/2014 1:36 AM
119	Arts and crafts	3/21/2014 1:21 AM
120	!	3/21/2014 12:19 AM
121	I would be I interested in a computer course or training in something that does not involve caring	3/20/2014 5:46 PM
122	first aid	3/20/2014 4:20 PM
123	maybe gentle exercise classes, learning relaxation techniques	3/20/2014 3:52 PM
124	Any art based course. Art itself can be very therapeutic and possible to share skills learned with cared for person.	3/20/2014 3:52 PM
125	How to cope in the future.	3/20/2014 3:30 PM
126	see answer above a whole range of possible interesting subjects vocational (perhaps bricklaying, gardening etc.) and academic - again at level 2, 3, or 4 ... NO mickey mouse type mini courses!	3/20/2014 3:05 PM
127	see answer above a whole range of possible interesting subjects vocational (perhaps bricklaying, gardening etc.) and academic - again at level 2, 3, or 4 ... NO mickey mouse type mini courses!	3/20/2014 3:05 PM
128	Not given it much thought.	3/20/2014 1:05 PM

## Training for carers - west midlands

129	Running your own part-time business whilst also being a carer	3/20/2014 12:23 PM
130	Managing difficult /unpredictable behaviour	3/20/2014 12:06 PM
131	Finance, managing stress, safeguarding, diet and nutrition for vulnerable people. The role of the carer in context, ie in relation to recent political and economic changes.	3/20/2014 11:52 AM
132	Professional terminology can sometimes be baffling. Specific IT training Coping with the more technical mobile phones - keeping up with technology in general.	3/20/2014 10:57 AM
133	Something to do with history or antiques	3/20/2014 10:50 AM
134	Have done most	3/20/2014 10:39 AM
135	not sure	3/20/2014 10:10 AM
136	Craft courses (crochet, knitting,etc)	3/20/2014 10:10 AM
137	Manual Handling, fitness training ie... walking & jogging ( I was a walk leader with Stride & Stroll ( in Wyre Forest) a Gov sponsored initiative. I jog 3 miles per day & do some Personal Training	3/20/2014 10:10 AM
138	Further computer training	3/20/2014 10:00 AM
139	have not thought about this	3/17/2014 1:23 AM
140	Any thing to keep the mind active !	3/13/2014 3:12 PM
141	Financial training	3/13/2014 12:49 PM
142	not possible	3/13/2014 8:30 AM
143	None I just don't have time.	3/13/2014 8:29 AM
144	none	3/13/2014 6:45 AM
145	Art/crafts	3/13/2014 4:04 AM
146	Simple massage techniques Simple meal ideas	3/12/2014 2:03 PM
147	na	3/12/2014 3:05 AM
148	CRIMINOLOGY COURSE LOCAL HISTORY COURSE	3/12/2014 1:27 AM
149	None	3/11/2014 3:58 PM
150	Life skills.	3/11/2014 12:57 PM
151	None	3/11/2014 10:58 AM
152	what are you suggesting, you let me know and I will say yes or no	3/11/2014 10:11 AM
153	Not at present.	3/11/2014 9:59 AM
154	Photography, gardening, playing the guitar.	3/9/2014 2:28 PM
155	Time would limit my ability to take further training	3/7/2014 6:26 AM
156	podiatry,crafts,	3/5/2014 12:29 PM
157	N/A	2/21/2014 1:57 AM
158	If I had time yes.	2/20/2014 11:15 AM
159	I'm not sure if this is what you're thinking of but Photography would be something I'd like to know more about.	2/19/2014 11:38 AM
160	Courses that allow a creative outlet like crafts, writing or photography.	2/17/2014 12:11 PM
161	Anything creative, fun and/or help us de-stress	2/16/2014 2:34 PM
162	Counselling and helping skills. Arts & Crafts etc. Sewing etc	2/14/2014 12:47 PM
163	Not sure I could find the time to do any training not related to my caring role as there is so much to learn within learning difficulties, but if I had the time, I would like to attend courses for art, drama, theatre, stage make up or horse management.	2/14/2014 4:01 AM
164	none	2/14/2014 1:54 AM
165	IT courses e.g. using my laptop to the best advantage. Understanding how to resolve computer problems for myself as my husband no longer feels able to help me with this.	2/13/2014 10:41 AM
166	Happy with my life outside "caring"	2/13/2014 5:40 AM
167	As I am retired, something that is challenging but fun (not something to promote a career.)	2/12/2014 3:55 AM
168	IT and creativity. ~I like knitting and sewing. I also like sport	2/7/2014 4:25 AM
169	computer courses	2/5/2014 7:07 AM
170	Creative courses	2/3/2014 10:50 AM
171	DON'T KNOW	2/3/2014 10:32 AM
172	pottery, painting, drawing, sculpture, metal work, ceramics, learn to play the musical keyboard, singing, garden design	2/2/2014 2:59 AM
173	N/A	1/31/2014 3:02 PM
174	Any around career development and commissioning	1/29/2014 3:37 AM

# Training for carers - west midlands

**Q14 Please can you rank in order the way you usually find out information related to your caring role. If you don't use an option at all please tick N/A.**

Answered: 333 Skipped: 27

	1	2	3	4	5	6	7	8	9	10	11	N/A	Total	Average Ranking
E newsletters and bulletins	30.12% 100	17.17% 57	9.04% 30	6.63% 22	4.22% 14	3.01% 10	2.41% 8	2.41% 8	0.00% 0	0.60% 2	0.90% 3	23.49% 78	332	9.26
Verbal information from health or social care staff	18.98% 63	19.28% 64	11.45% 38	9.04% 30	6.63% 22	4.52% 15	2.11% 7	2.11% 7	0.90% 3	0.30% 1	0.90% 3	23.80% 79	332	8.84
Postal information from the Local Authority	3.32% 11	9.67% 32	13.60% 45	9.06% 30	7.55% 25	5.44% 18	2.42% 8	3.63% 12	2.72% 9	3.32% 11	1.21% 4	38.07% 126	331	7.37
Digi TV / community TV or Radio	0.91% 3	4.26% 14	6.99% 23	12.46% 41	8.51% 28	4.26% 14	5.78% 19	3.34% 11	5.47% 18	2.74% 9	2.13% 7	43.16% 142	329	6.45
Search the internet	19.88% 66	9.34% 31	12.35% 41	11.14% 37	13.55% 45	7.53% 25	2.41% 8	1.51% 5	1.51% 5	0.30% 1	0.30% 1	20.18% 67	332	8.47
Postal Newsletters from Carers Groups and organisations	12.69% 42	16.92% 56	6.65% 22	9.97% 33	9.37% 31	14.20% 47	3.63% 12	1.51% 5	1.81% 6	0.30% 1	0.30% 1	22.66% 75	331	8.14
Social media such as Facebook, Twitter	1.52% 5	2.13% 7	3.95% 13	2.74% 9	4.56% 15	7.29% 24	14.89% 49	4.26% 14	2.43% 8	4.56% 15	7.29% 24	44.38% 146	329	5.15
From friends or family	3.34% 11	8.81% 29	7.90% 26	7.90% 26	7.90% 26	7.90% 26	10.33% 34	17.63% 58	3.34% 11	1.22% 4	0.30% 1	23.40% 77	329	6.49
From community workers	3.93% 13	3.63% 12	8.76% 29	3.63% 12	5.74% 19	6.34% 21	7.55% 25	9.67% 32	17.82% 59	2.42% 8	1.21% 4	29.31% 97	331	5.68
General Newspapers	1.22% 4	1.52% 5	6.08% 20	5.17% 17	4.86% 16	5.78% 19	6.38% 21	4.56% 15	10.03% 33	21.58% 71	0.91% 3	31.91% 105	329	4.67
Information in libraries	0.61% 2	1.82% 6	3.03% 10	4.55% 15	2.42% 8	3.94% 13	4.24% 14	4.85% 16	4.85% 16	8.18% 27	24.85% 82	36.67% 121	330	3.56

# Training for carers - west midlands

## Q15 Before we ask you about yourself... Is there anything else you would like to add about the survey or about training for carers?

Answered: 132 Skipped: 228

#	Responses	Date
1	Not enough training given. Confidence goes without you even knowing it. Inputted by KC.	6/18/2014 3:14 AM
2	Inputted by KC.	6/18/2014 2:56 AM
3	Inputted by KC.	6/18/2014 2:51 AM
4	Inputted by KC.	6/18/2014 2:46 AM
5	Inputted by KC.	6/18/2014 2:41 AM
6	Inputted by KC.	6/18/2014 2:37 AM
7	Survey is very time consuming, especially for Carers.	6/18/2014 2:26 AM
8	Takes too long.	6/18/2014 2:18 AM
9	Would like to thank Carers Trust for Training and Events. Inputted by KC.	6/18/2014 2:13 AM
10	Having a disability is very hard for me to get around so i rely on Carers for any help. Inputted by KC.	6/18/2014 2:05 AM
11	Inputted by KC.	6/18/2014 1:58 AM
12	Inputted by KC	6/18/2014 1:53 AM
13	No. Inputted by KC	6/18/2014 1:27 AM
14	My 2 Boys have got ADHD and its hard work looking after them. Inputted by KC.	6/16/2014 3:25 AM
15	Inputted by KC.	6/16/2014 3:17 AM
16	Only that training needs to take into account that many carers work either full or part time.	6/16/2014 2:39 AM
17	I think this survey focusses upon my training needs, I think it misses an opportunity to explore with carers other aspects that compound stress arising from the caring role. My parents are dependant upon us and we have met these needs for two years before requesting help (this was our choice) The major stressor for me is coordinating and managing community health appointments for two elderly people with different routine and specialist health needs. Whilst we have had some very good responsive health care it is evident that health do not communicate together or share information effectively, or consider the impact of multiple appointments across different geographic areas Dudley Group and Sandwell for attendance at hospital, in addition to routine health appointments and this is multiplied by two for each of my parents. An example is recently Community health (footcare) decided to stop home visits following a conversation with my mother (who is diagnosed with dementia and memory loss) in December during a home visit when my mom advised the podiatrist that both mom and dad walk to the shops - they do not, the Podiatry service took the decision that they could both attend community clinic in future - that lead to mom and dads footcare needs not been met and a delay whilst home visiting was reinstated. We need coordinated outpatient and community health care that shares information has a combined calendar and considers how vulnerable people can be safely facilitated to attend appointments	6/11/2014 2:34 AM
18	No	6/10/2014 9:34 AM
19	There should be a trigger so that when a person is receiving consultant lead treatment for three or more conditions there is a multidisciplinary plan created which includes carer support as well as patient support. This should include a training assessment.	6/10/2014 8:45 AM
20	N/a	6/10/2014 8:04 AM
21	No	6/6/2014 2:30 AM
22	Inputted by KC	6/4/2014 5:03 AM
23	Inputted by KC	6/4/2014 4:55 AM
24	None. Inputted by KC	6/4/2014 4:51 AM
25	Inputted by KC	6/4/2014 3:59 AM
26	Inputted by KC.	6/4/2014 3:53 AM
27	More money should be put into help for Carers. Inputted by KC	6/4/2014 3:32 AM
28	Inputted by KC	6/4/2014 3:24 AM
29	Inputted by KC	6/4/2014 3:18 AM
30	Inputted by KC	6/4/2014 3:10 AM
31	Inputted by KC	6/4/2014 2:45 AM
32	I find it difficult to retain the information.	5/29/2014 5:42 AM
33	As a long term carer the way I find out about information is from sources I have found myself I have no access to community workers or social care staff and less than annual advice from specialist health professionals	5/22/2014 11:08 AM
34	I had always wanted and intended to join a carers coffee morning but never had the time. The training course obliged me to join a group. The social benefit of joining a carers group is enormous.	5/22/2014 10:09 AM



## Training for carers - west midlands

35	No	5/20/2014 9:01 AM
36	There needs to be more, much better access and publicity on info for carers across all boroughs in the UK.	5/20/2014 8:42 AM
37	no	5/18/2014 1:35 PM
38	Inputted by KC.	5/15/2014 7:16 AM
39	Inputted by KC	5/13/2014 2:09 AM
40	Carer's should have a reduced or free entry to entertain them, such as the cinema, swimming, etc.	5/11/2014 6:19 AM
41	Very good but it is not for me.	5/8/2014 8:42 AM
42	none	5/8/2014 6:31 AM
43	Searching for help with caring is a difficult thing with information being buried within web sites and then dressed up in language that is sometimes difficult to understand due to its contradictory nature	5/8/2014 4:44 AM
44	TRAINING NEEDS TO AFFORDABLE AND EASY ACCESSIBLE WITH ADULT TRAINERS.	5/5/2014 1:57 PM
45	I think all carers should be eligible for some free training relevant to their situation simply because of the huge amount of money we save the government by caring for our loved ones rather than having putting them in care homes etc.	4/29/2014 1:42 PM
46	What a waste of time and money	4/29/2014 8:23 AM
47	To be given the recognition we all deserve	4/28/2014 9:32 PM
48	I hope that you will do something about the things that people want. Dudley is pretty good on information but I think could do more on actual training.	4/18/2014 11:52 AM
49	Postal survey inputted by KC	4/17/2014 3:48 AM
50	Postal Survey inputted by KC	4/15/2014 7:57 AM
51	postal survey entered by KC	4/14/2014 5:22 AM
52	No.	4/14/2014 4:13 AM
53	NO	4/14/2014 2:49 AM
54	N/A	4/11/2014 7:35 AM
55	no	4/10/2014 7:24 AM
56	I think it would be helpful if you assessed what if any family/other support carers have. I am single and have no immediate family which presents a much different situation to those who are married or who have siblings/children to share the role	4/9/2014 12:45 AM
57	postal survey entered by KC	4/4/2014 6:11 AM
58	postal survey entered by KC	4/4/2014 6:06 AM
59	postal survey entered by KC	4/4/2014 6:02 AM
60	postal survey entered by KC	4/4/2014 5:56 AM
61	I care for my wife 24/7, she cant be left alone. I would need the training to be in my home or somebody to sit with her. I do get "Sitting Services" but i use this time to go shopping, pay bills etc. postal survey entered by KC	4/4/2014 5:48 AM
62	postal survey entered by KC	4/4/2014 5:39 AM
63	postal survey entered by KC	4/4/2014 5:35 AM
64	I would like the training in my home with my Husband there, as any training i do would directly affect him too. postal survey entered by KC	4/4/2014 5:28 AM
65	Postal survey inputted by KC	4/4/2014 5:18 AM
66	Please dont assume that all Carers want the same thing. We are individuals, we want to choose what/where we study. I really enjoy learning new things. postal survey entered by KC	4/4/2014 5:17 AM
67	postal survey entered by KC	4/4/2014 5:17 AM
68	postal survey entered by KC	4/4/2014 5:16 AM
69	The key issue is to reach those whom the information about support and training would not usually reach. Therefore, the Q for analysis is who is most likely to encounter carers' needs and empower them to meet them (medical centres?)	4/4/2014 3:20 AM
70	Access is quite difficult in Evesham area, key places are Worcester, Redditch and north Worcestershire making it difficult due to length of journey also Age Concern have a one Stop Shop that appear to offer similar subject matter, I think they get funding from local authorities. they have a huge range of leaflets to access without inquisitions!	4/4/2014 2:56 AM
71	Limited training possibilities for younger onset dementia	4/4/2014 2:50 AM
72	usually too busy as i also work	4/2/2014 6:08 AM
73	No	4/1/2014 12:50 PM
74	Why don't I know about it?	3/31/2014 10:41 AM
75	No	3/30/2014 6:09 AM
76	TIMELY INFORMATION REQUIRED - THERE IS NO CONTINUITY & NO COMMUNICATION IN THE MENTAL HEALTH SERVICE	3/29/2014 2:04 PM
77	nothing is static so ones needs change almost weekly I cannot say either that it is a dynamic situation dreary is a better description	3/29/2014 1:21 PM
78	I am aware of, and very grateful for, the effort and resources Worcs. puts into carers and their support. I would have sunk without trace without the help I have received. Thank you.	3/27/2014 3:23 PM
79	There is a lack of information for carers in general from the hospitals	3/27/2014 12:26 PM

## Training for carers - west midlands

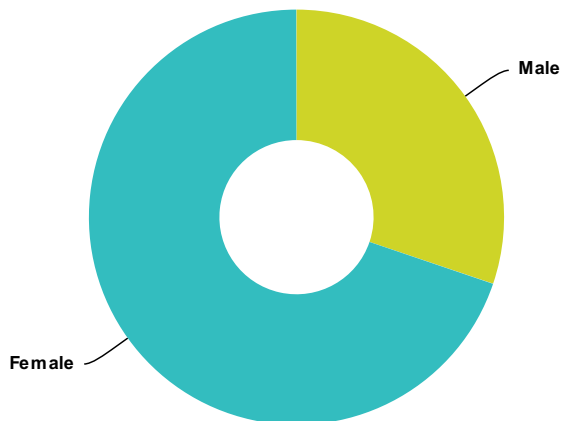
80	Good luck	3/27/2014 5:44 AM
81	Very broad area. Everybodies knowledge and need will be different. This makes it difficult for you to organise a general course. Plus, since I knew nothing about 'training' until the emailed invite to do this survey, it is very difficult to now where my knowledge gaps are.	3/27/2014 4:47 AM
82	no	3/26/2014 2:33 PM
83	my main source of caring support /information is the Worcestershire Mental Health Relatives and Carers Support Group	3/26/2014 12:59 PM
84	I have had 52 years caring for two children with Epilepsy both have other disabilities as well - neither are controlled with anti-convulsants because they have Refractory Epilepsy.	3/26/2014 8:40 AM
85	No thanks.	3/26/2014 8:18 AM
86	No	3/26/2014 5:01 AM
87	no	3/25/2014 8:23 AM
88	have recieved an excellent support from Worcestershire association of carers	3/25/2014 6:01 AM
89	I hav.t found the courage to join a carers group - if I could go with someone for the 1st time I would go. Buddy Scheme perhaps for newcomers?	3/25/2014 5:37 AM
90	I really appreciate the worcestershire association of carers courses - very well organised and delivered.	3/25/2014 12:54 AM
91	No	3/24/2014 7:13 AM
92	No	3/22/2014 1:59 PM
93	There is so little help and support for carers in my area which is such a shame	3/22/2014 1:41 PM
94	Unless you have any suggestions as to how to deal with obstinacy I'm afraid not.	3/22/2014 9:26 AM
95	Any suitable training would benefit my circumstances	3/22/2014 9:11 AM
96	Previous training opportunities information re dates received too late to change my shifts at work	3/22/2014 12:32 AM
97	Needs to be increased.	3/21/2014 12:46 PM
98	I receive no support in my carer's role. I feel fundamentally competent as a carer without it but it would be nice if I had regular access to professional advice about my adult son - who gets no support at all for his Asperger's Syndrome.	3/21/2014 9:46 AM
99	in the past on courses that i have attended they have been a waste of time, with no real knowledge gained	3/20/2014 4:20 PM
100	Ni	3/20/2014 3:30 PM
101	no	3/20/2014 12:57 PM
102	I find it difficult to attend courses because of my caring role	3/20/2014 12:23 PM
103	I would welcome any courses which, would improve my role and knowledge to care for my mother fully.	3/20/2014 11:52 AM
104	Time is limited. Course need to be short but infomative	3/20/2014 10:39 AM
105	please please give people who care and have to work more help, information and consideration	3/20/2014 10:10 AM
106	Although funds are probably non existent to cover this I believe that as unpaid/family/informal Carers training should be provided by the local authorities as we provide the majority of care support without ANY formal training but are expressed to act in the best interest of our caree. This puts us at in a very difficult situation and great disadvantage when dealing with social care professionals who are less than helpful and forthcoming with information.	3/20/2014 10:10 AM
107	The tick system is not working correctly...unless I am missing something :-)	3/20/2014 10:10 AM
108	I have answered the questions rating 1 as the most and 5 as the least. Just letting you know this as it was clear to me.	3/17/2014 3:52 AM
109	Nothings that will make a difference.	3/13/2014 4:04 AM
110	na	3/12/2014 3:05 AM
111	No	3/12/2014 1:40 AM
112	No	3/11/2014 3:58 PM
113	No	3/11/2014 10:58 AM
114	Not at present thankyou.	3/11/2014 9:59 AM
115	I never even knew that such training was offered and I've been a carer for 10 years.	3/10/2014 1:43 PM
116	Doing the Mental Health First Aid course has been so vital to changing the way I support my husband and has had a positive effect on his health, as I was able to help him understand how his conditions interrelated and that he could have some power over how he was feeling. I wish I had been able to do this course 10 years ago and hope it is offered to everyone who is supporting a family member or friend with mental health problems.	3/9/2014 2:28 PM
117	I feel that little information is given, unless you specifically ask, I also find it difficult dealing with all the agencies involved, would find it easier to deal with one specific area rather than 3 or 4 different bits of it.	2/21/2014 1:57 AM
118	That carers be recognised when taking those that they care for to appointments and information on display relating to them that they would find useful, not just about the services relating to those they care for.	2/17/2014 12:11 PM
119	I still feel there is more that needs to be done for carers, and there should not be an age bracket for the support that is avaliable as I know someone perosonally who lost out :( and to break down the stigma in communities especially Asian/South Asian.	2/16/2014 2:34 PM
120	There needs to be more available to Carers to help us maintain our wellbeing. Info, courses, activities, day trips, specific counselling and more surveys just like this.... Thank you for asking its so nice to be acknowledged! :)	2/14/2014 12:47 PM

## Training for carers - west midlands

121	My local carers centre used to post out a newsletter giving dates of trips out, carer groups and training. Due to cost they have had to stop printing and posting newsletters. Lots of carers I know now don't know what is available to them and really miss the newsletter.	2/14/2014 4:01 AM
122	no	2/14/2014 1:54 AM
123	considering that both my partner and I are registered carers with GPs, Social Workers and Carers centre we are woefully unaware of anything relating to training available to us.	2/13/2014 8:36 AM
124	Above functionality doesn't work - you can't change the rankings or I'm "dim" ;-)	2/13/2014 5:40 AM
125	I always enjoy learning with other carers. I hope to do more whenever I can	2/7/2014 4:25 AM
126	Postal survey inputted by KC	2/5/2014 7:07 AM
127	Postal survey inputted by KC	2/5/2014 7:06 AM
128	Postal survey inputted by KC	2/5/2014 7:06 AM
129	I am the Course Organiser for the WEA and I am looking to set up courses for Carers in the future.	2/4/2014 7:26 AM
130	More funding for us to have a life	2/3/2014 10:50 AM
131	Carers need help in having access to courses which are certificated either level 1 or above to prepare them for the job market. Also NVQ qualifications training would be relevant - skills assessments would be good if could be done. Assessments to find shortfalls in training gaps just like the unemployed receive also some financial help even if with transport.	2/2/2014 2:59 AM
132	Think there needs to be more information available and links made to encourage and enable carers to get and keep jobs, training, self development and leisure. Im not a "Typical carer" in that I work full time and Im not isolated, which I think is a main problem for carers.	1/29/2014 3:37 AM

**Q16 Are you male or female?**

Answered: 341 Skipped: 19

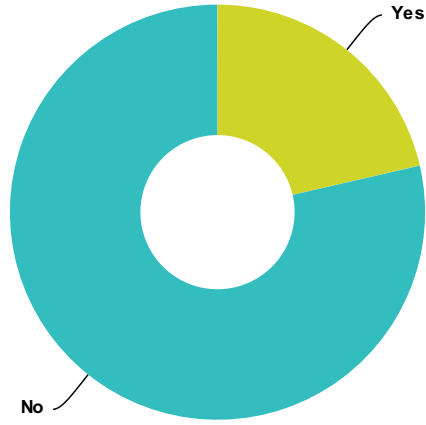


Answer Choices	Responses
Male	30.21% 103
Female	69.79% 238
<b>Total</b>	<b>341</b>

#	Other Identity (please specify)	Date
1	Ann Bladen	3/26/2014 8:42 AM
2	XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX	3/20/2014 3:09 PM
3	None of your damned business	3/17/2014 3:48 AM

Q17 Do you regard yourself as disabled?

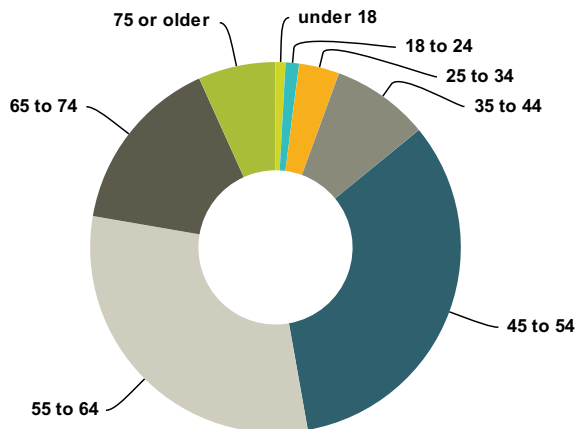
Answered: 341 Skipped: 19



Answer Choices	Responses	
Yes	21.41%	73
No	78.59%	268
<b>Total</b>		<b>341</b>

Q18 What is your age?

Answered: 341 Skipped: 19

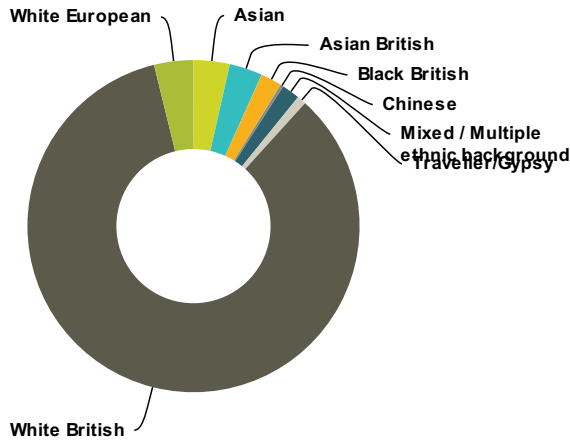


Answer Choices	Responses	
under 18	0.88%	3
18 to 24	1.17%	4
25 to 34	3.52%	12
35 to 44	8.50%	29
45 to 54	33.14%	113
55 to 64	30.50%	104
65 to 74	15.54%	53
75 or older	6.74%	23
<b>Total</b>		<b>341</b>

#	If under 18 please tell us your age	Date
1	None of your damned business	3/17/2014 3:48 AM
2	17	3/13/2014 12:50 PM
3	17	3/12/2014 1:41 AM

### Q19 What is your ethnicity

Answered: 341 Skipped: 19

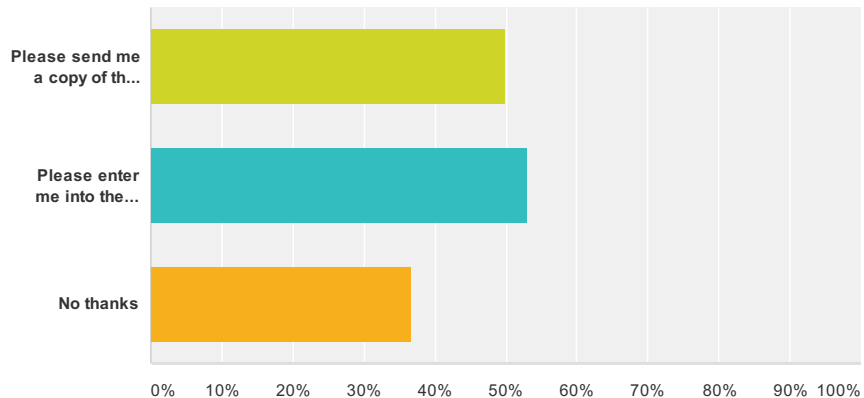


Answer Choices	Responses	
Asian	3.52%	12
Asian British	3.23%	11
Black	0.00%	0
Black British	2.05%	7
Chinese	0.29%	1
Mixed / Multiple ethnic background	1.76%	6
Traveller/Gypsy	0.88%	3
White British	84.46%	288
White European	3.81%	13
<b>Total</b>		<b>341</b>

#	Other please specify	Date
1	Pakistani	5/29/2014 4:18 AM
2	English	5/15/2014 12:07 PM
3	Human	5/8/2014 4:45 AM
4	british born chinese	4/7/2014 1:12 AM
5	white british	4/4/2014 6:06 AM
6	Indian	4/4/2014 5:18 AM
7	White English	3/27/2014 4:49 AM
8	does it matter?????	3/26/2014 1:11 PM
9	XXXX????????????????????????????????	3/20/2014 3:09 PM
10	White English/jewish	3/20/2014 10:51 AM
11	None of your damned business	3/17/2014 3:48 AM

**Q20 If you would like a copy of the report and/ or to enter the Prize Draw, we will need contact details. If you tick No thanks, we will not contact you again**

Answered: 341 Skipped: 19



Answer Choices	Responses
Please send me a copy of the report	49.85% 170
Please enter me into the prize draw	53.08% 181
No thanks	36.66% 125
<b>Total Respondents: 341</b>	